



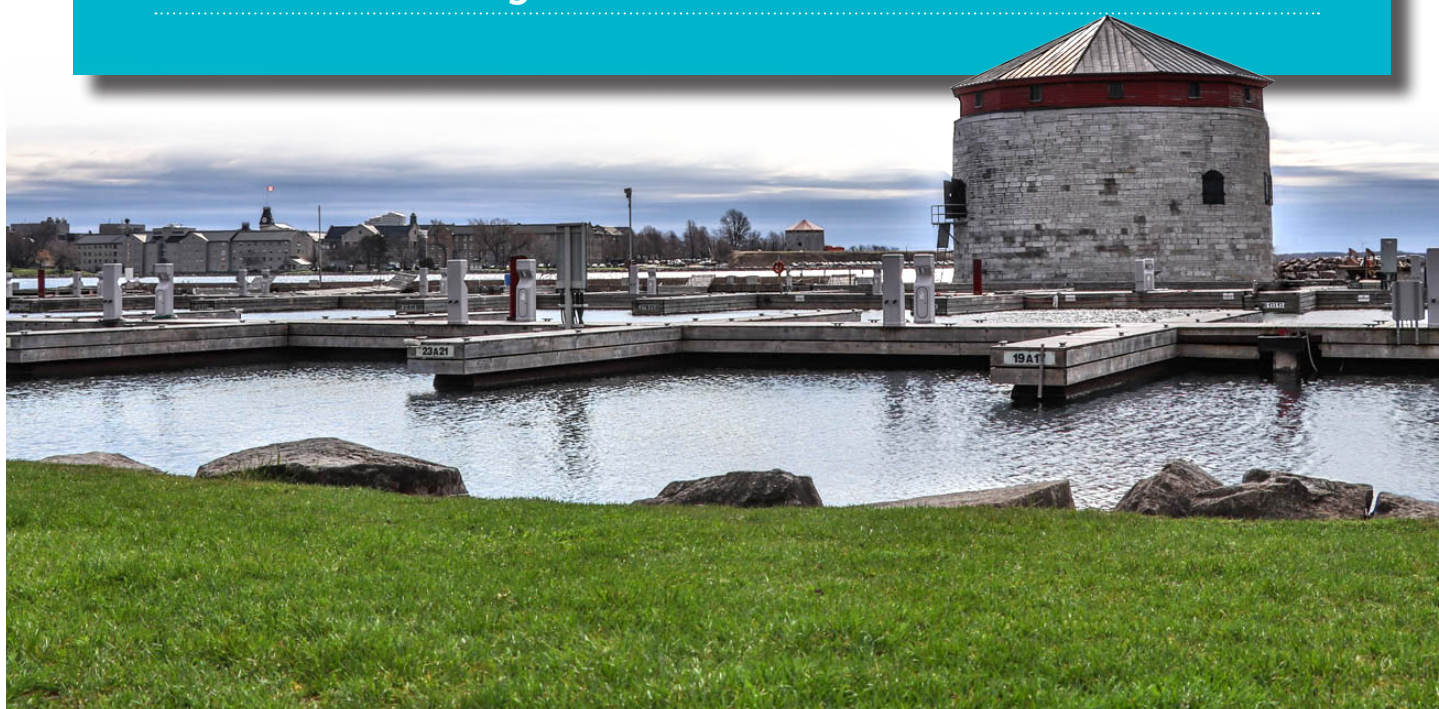
Community Foundation
for Kingston & Area

2018 **Annual Report**

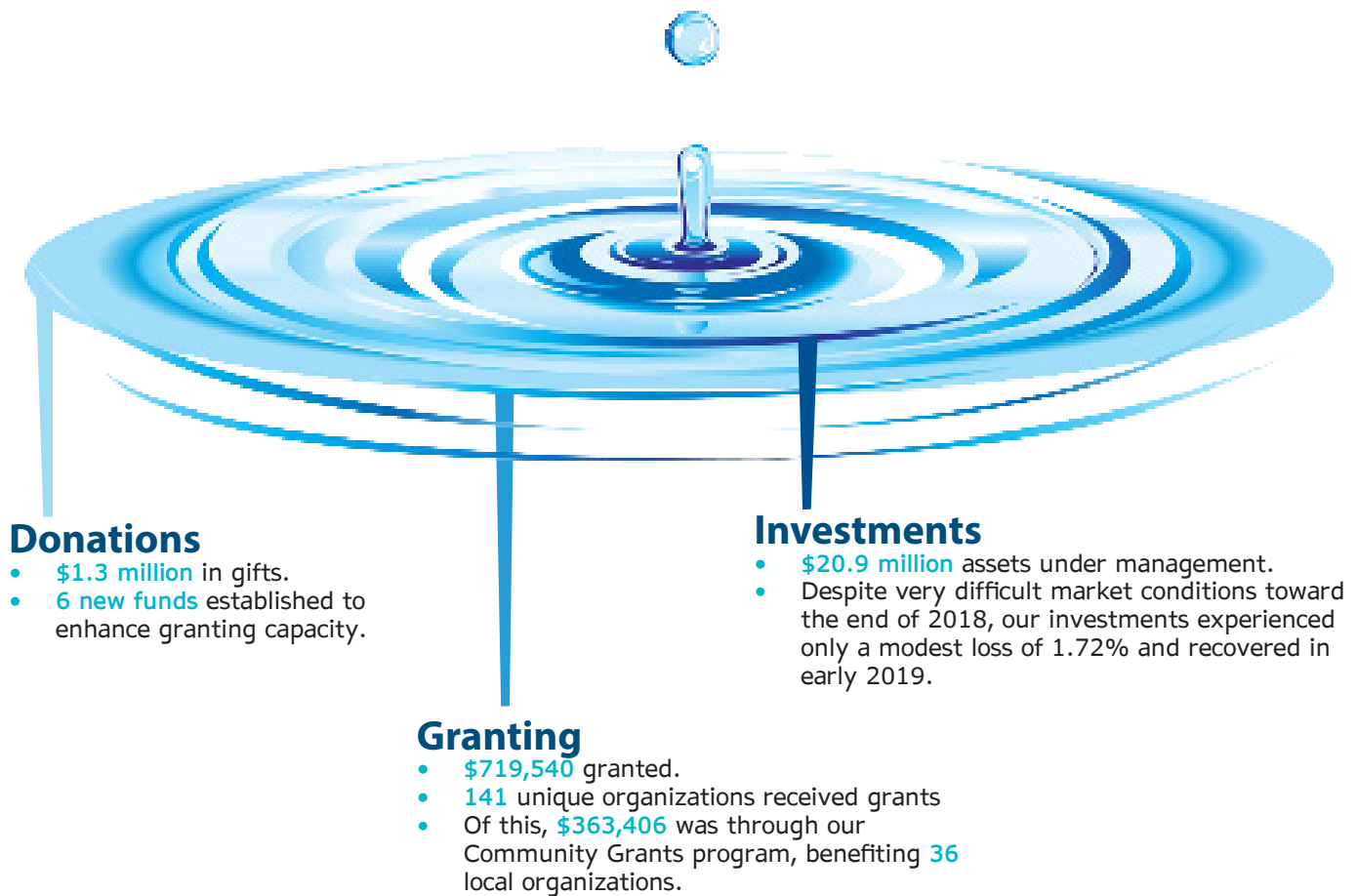
Your generosity has a ripple effect

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Our 2018 HIGHLIGHTS



Cumulative Impact since 1995:

Over **\$11.7 million** granted

348 unique organizations funded

\$20.9 million endowed

A message from our PRESIDENT AND EXECUTIVE DIRECTOR

After a year of consultations with stakeholders, CFKA embarked on a new 6-year strategic plan in 2018. The new plan will inform the daily decisions we make and guide our expansion and leadership within the community we serve. At our core, we remain committed to serving our community by connecting the generosity of donors with the energy and ideas of people and charities who are addressing local community needs. See our website for a summary of our new plan and guiding principles.

Our 2018-2024 Plan is ambitious, but we have a great team in place to make it happen!

We were very pleased to enhance our board this year with four new additions who add incredible depth to an already strong complement of individuals. Welcome to Julie Burch, Kalen Ingram, Ian Gemmill, and Rob Wood.

Having come to the end of his term of service, we said goodbye to Greg Fisher as a board member. However, our goodbye was just a 'goodbye for now'. In recognition for his many years of dedicated and outstanding service to CFKA, Greg was inducted as an Honorary Life Member, an honour bestowed upon only five other people in the history of CFKA. Sadly, we said a final goodbye to one of them, when Gini Rosen passed away in August.

Gini is lovingly remembered as a founding member of CFKA, and a tireless supporter of building a better community for all.

In memoriam to another strong supporter of CFKA, Geoff Sandiford, we launched the Community Builder Award, in recognition of an individual who is responsible for significant positive change in our community. Brigadier General (retired) Bill Richard was the inaugural recipient.

As you will read in the following pages, 2018 was another successful year for the Foundation. Highlights include \$1.3 million in donations, 6 new funds established, total granting of

\$719,540, and publication of our 10th annual *Vital Signs* report.

All of this is possible because of the generosity of our donors, and the hard work of our board, volunteers, and staff. We have shown that by working together we can make tremendous things happen. Thank you to all of you who have contributed to the Foundation's success to date.

As we look forward, we are committed to continuing to be a valued connector between donors the many worthwhile charitable works that are being done in our community.

“

Thank you to everyone who contributed to an incredibly successful year for the Foundation: our donors, board members, volunteers, and staff. It's wonderful to see what we can accomplish working together.

”



Chris Chard
Board President

A handwritten signature in blue ink, appearing to read 'Chris Chard'.

Tina Bailey
Executive Director

A handwritten signature in blue ink, appearing to read 'Tina Bailey'.



In 2018 WE MOVED TO OUR NEW HOME

At the end of January, after a lengthy search process and some renovations, we opened the doors to our new office at 275 Ontario Street Suite #100. Our new space is larger, brighter and fully accessible! And, the team is thrilled that the boardroom is now large enough to host our own board meetings and other events.

Photos by Yara Chard

The storefront location on the corner of Queen and Ontario Streets offers us great visibility. We leveraged this opportunity by designing bold window signage to raise awareness of the Community Foundation in our community. The image of the ripple is now being used in many of our communications materials to show how the generosity of our donors has a ripple effect, and together we are making waves in the community. Thank you to everyone in who helped to make the move as smooth as possible; from finding and renovating the space to coordinating the actual move.

Our thanks to the CFKA

"office move team"

that oversaw the entire process: George Wright (project manager), Tina Bailey, Greg Fisher, and Rod White. And thank you to the local companies we worked with: James Ward of Rogers & Trainor, Glenn Warner and his wonderful movers from Capital Movers & Storage, All Care IT, Southeastern Telecommunications and our new landlords JSM Corporation.



Community Grants

GRANTS AND RECIPIENTS

The Community Grants Program provides grants each year to support projects undertaken by charitable organizations within the greater Kingston area. It is funded each year from earnings on 40 individual endowment funds established at the Foundation by generous donors. There are two granting rounds per year, with applications due Feb. 15 and Sept. 15 each year.

To date, the Foundation has funded 348 unique organizations and invested over \$2 million in local charities through the Community Grants Program. It is

the broadest of our granting programs with fields of interest that include Arts & Culture, Children's Mental Health, Community Development, Education

& Literacy, Environment, Health & Social Services, Heritage Preservation, Recreation, and Youth.



The following Community Grants were awarded in 2018:

ARTS & CULTURE

- \$6,940 Kingston Historical Society** Indigenous Consultation-Panel
- \$5,830 Skeleton Park Arts Festival** Skeleton Press
- \$6,100 Kingston Symphony Association** Discover the Symphony
- \$3,198 Open Voices Community Choir** What if Kids Ran the World? Concert
- \$9,210 HomeGrown Live Music Production** Planting the Seeds: Nurturing and Celebrating HomeGrown Live Music
- \$6,240 Melos Music Society Inc.** Melos: Early music and Dance from the Middle East to France, 9th-19th centuries

CHILDREN'S MENTAL HEALTH

- \$25,680 Canadian Mental Health Association - Kingston Branch** Kids Get Stressed Too!
- \$24,648 Resolve Counselling Services of Canada** Child and Youth Outreach
- \$10,060 Queen's University - Psychology Clinic** Supporting Wellness by Identifying Support Needs
- \$14,808 Queen's University, Kingston Health Sciences Centre** Helping Youth with Complex Mood and Anxiety Disorders



COMMUNITY DEVELOPMENT

- \$20,361 Loving Spoonful** Re-building Indigenous Culture and Language around Good Food
- \$19,575 Kingston Employment and Youth Services** Begin Again Group Development
- \$8,642 Kingston Municipal Non-Profit Housing Corporation** Inner Harbour Community Garden Collaborative
- \$4,387 Kingston Community Health Centrest- Pathways to Education** Family Involvement Project

EDUCATION & LITERACY

- \$3,906 Peace Quest** Imagine Peace: Kingston Peace Quest Gathering
- \$10,000 Book Clubs for Inmates** Book Clubs for Inmates Kingston
- \$7,488 Learning Disabilities Association Kingston** Summer Camps for Youth with Learning Disabilities
- \$14,478 Canadian National Institute for the Blind** Connecting with Technology Project
- \$16,900 Boys and Girls Club of Kingston & Area** Intensive Literacy Support Program
- \$5,094 Happy Tails Farm Sanctuary/ Constance Creek Wildlife Refuge** Inaugural Summer Education Program
- \$14,784 Kingston Literacy & Skills** Targeted Training in the Community
- \$3,905 Museum of Health Care at Kingston** The Fight Against Infectious Diseases Education Program

HEALTH & SOCIAL SERVICES

- \$5,000 Kingston 4 Paws Service Dogs** K4Paws Expansion Program
- \$14,688 Loving Spoonful** Good Food Workshops at Rideau Heights Community Centre
- \$4,547 Hospice Kingston** Moving Through Grief with Yoga
- \$4,932 Outreach St. George's Kingston** Food Supplies
- \$16,920 Independent Living Centre Kingston** Access to Technology: One-to-One Support Program
- \$5,917 Sexual Assault Centre Kingston** Enhancing Crisis Responders Suicide Intervention Skills

HERITAGE PRESERVATION

- \$5,694 Marine Museum of the Great Lakes at Kingston** Great Lakes Shipwrecks Kiosk

YOUTH

- \$16,600 Habitat for Humanity - Greater Kingston & Frontenac** Habitat Kingston Kids Summer Camp
- \$4,818 Camp Outlook** Community Building trip with Newcomers to Canada
- \$18,993 Winter Warmth** Winter Clothing Purchases
- \$2,500 Easter Seals Ontario** Send A Kid to Camp

ENVIRONMENT

- \$4,254 Algonquin to Adirondacks Collaborative** Connecting Kingston to the A2A Trail
- \$11,944 Friends of Kingston Inner Harbour** Tracking and Talking about Turtles in our Midst
- \$3,359 The Friends of Frontenac Provincial Park** Celebrating "The Year of the Bird": Education and Citizen Science for all Ages



Congratulations to all our grant recipients!

Get project updates by subscribing to our e-newsletter or following us @CFKingstonArea.

Engaging in COMMUNITY CONVERSATIONS

How Engaged Citizens Can Transform a Community

On January 26th, the Community Foundation hosted a special Speaker Series event to celebrate the inaugural recipient of our Community Builder Award - Brigadier General (retired) Bill Richard.



A true community builder, Bill has worked tirelessly as an advocate for the health of veterans and has contributed his time and expertise to many community organizations in Kingston.

The capacity audience, including Mayor Bryan Paterson and members of the military, heard about Bill's impressive impact on many community organizations in Kingston and area. During his term as Base Commander, he was able to unite the military and the local community. Later, he joined the City Strategic Planning group, Focus Kingston; the Kingston General Hospital Board; and became Chair of Imagine Kingston. Bill is passionate about the health of veterans, soldiers, and their families and was the co-founder of the Canadian Institute for Military and Veteran Health Research at Queen's University. His numerous volunteer roles have, and continue to, improve and enhance the quality of life in our community.

Continuing the theme of "community building" the award presentation was followed by a keynote address by Liz Weaver, Co-CEO of Tamarack Institute, an organization that helps facilitate community change. In her presentation "How Engaged Citizens Can Transform a Community", she encouraged us all to become engaged citizens in our own community, offering the simple manifesto, "Use your heads, your hands and your heart to effect lasting change".

In order to create and maintain change in our communities, she suggested that first the innovators come up with ideas, and then they create partnerships. The network builds as "early adopters" really start the momentum. These people are the "movers and shakers" who get more people and agencies on board.

Thank you to our Speaker Series Sponsors:

To learn more about the Community Builder Award, visit www.cfka.org/community-builder-award.



Residence
Inn®
Marriott

KINGSTON WATER'S EDGE



Food Security

REGINA ROSEN FOOD FIRST FUND

Regina (Gini) Rosen was a community leader who played a huge part in the success of the Community Foundation. Sadly, she passed away in August 2018. Gini was such an integral part of the Foundation since its very beginning that her influence has been embedded into the fabric of who we are and what we do – including our work in the area of food security.

The Regina Rosen Food First Fund (or “RRFFF”) was established by the Foundation’s Board of Directors in 2012. It was named in Gini’s honour in recognition of her exceptional involvement with the Foundation for decades and her passion for ensuring access to healthy food for all.

The “RRFFF” grants one \$1,000 grant each month (for a total of \$12,000 per year) to a different organization working to alleviate hunger in our community through the procurement, production, preservation, preparation, or education and skill development.

To date the Fund has granted over \$65,000 to various charities in the Kingston area.



Photo by Yara Chard

The Regina Rosen Food First Fund grants \$1,000 every month to a different organization working to alleviate hunger in our community.

2018 GRANT RECIPIENTS

Nightlight Canada - food supplies for nightly drop-in centre
Habitat for Humanity - food supplies for volunteer builders
Addiction and Mental Health Services KFLA - cooking equipment
Boys & Girls Club of Kingston & Area - healthy snack program
St. George's Cathedral - refugee family support
Helen Tufts Nursery School - healthy snacks and healthy eating programs
Queen's University- Four Directions Aboriginal Student Centre – food for feasts and events
St. Andrew's Presbyterian Church - Sunday free meal program
Outreach St. George's - Lunch By George
Algonquin and Limestone Catholic District School Board- St. Francis of Assissi School - cooking and food preparation program
Martha's Table - food supplies for weekend meals
Interchurch Refugee Partnership - food for refugees



Welcome to Our NEW ENDOWMENT FUNDS

We are pleased to welcome 6 new funds to the Foundation's family of funds. Thank you to all of our new and existing fund holders who are helping to make our community better, each and every year.

New Funds in 2018

THE BRONSKILL GROUP FUND **DONOR ADVISED**

To fund charities/projects as selected by donor.

GEORGE GALT FUND FOR CANADIAN LITERARY WRITERS **DONOR DESIGNATED**

Created to benefit Canadian Literary Writers & writing through the Al Purdy A-Frame Association.

GORDON RODGERS MEMORIAL FUND **DONOR DESIGNATED**

Created in memory of Gordon Rodgers to improve the experience of users of the Cataraqui and K&P trails.

THE HENRY FUND **FIELD OF INTEREST**

Supports projects that address mental health through taking a preventative approach by encouraging community engagement and fostering a sense of belonging.

HENRY & LORETTA LEE LEGACY FUND **DONOR ADVISED**

Established by the Lee Family to support the needs of newcomers in our community.

PARKER FAMILY FUND **DONOR ADVISED**

To fund charities/projects as selected by the donor.

Gordon Rodgers (Photo courtesy of the Rodgers family)



Henry & Loretta Lee and Family (Photo courtesy of the Lee family)

A full list of the Foundation's new and existing funds can be found on our website at: cfka.org

Want to learn how you can set up your own fund? It's easy! You can start with a pledge of \$2,000 per year for five years. **Visit our website or call our office at 613.546.9696** to learn more.

Thank You to OUR DONORS

In 2018 we received gifts totalling \$1.3 million from 621 donors. We deeply appreciate everyone who has invested in the community with us and are grateful for gifts of all sizes. We are pleased to recognize here those donors who made gifts of \$1,000 or more in 2018.

Anonymous (6)
Pat Addy
Dr. Diane C. Arthur
Assante Financial Management- Fenlon Division
Joan Axelrad
Tina Bailey
Keith & Marilyn Banting
Sheila & Don Bayne
Dr. Carol Beatty
Greg & Catherine Bell
Michael Bell & Diane Fittell
Veronica Bennett
Bergeron Clifford Injury Lawyers
B'nai Brith Lodge 1191 Kingston
Janet Brenchley-Krug
Britton Smith Foundation
Reg Bronskill & Helen Findlay
James Brown & Joan Lee
Margaret Buckholtz
James Bulloch
Florence M. Campbell
Christine Cannon
Barbara Carr
Bob Cavanagh
City of Kingston
Diane Clayton
Jim Clinton
Justin Connidis & Julia McArthur
John Cruickshank
Elaine & Michael Davies
The Davies Charitable Foundation
Days Road Dental
Margaret Doherty & Ian Gemmill
Domino Theatre Inc.
Alain D. Doseger
William & Phyllis Edwards
Eric Neuman Foundation
Albert & Christa Fell
Peter & Marisa Finnegan

Greg & Dorothy Fisher
Eveline Flint
Ian M. Fraser & Janine M. Schweitzer
Brad French
Frontenac County Schools Museum Association
Frontenac Heritage Foundation
George H. Galt
The Gathering
Estate of Larry Gibson
Jack Gilfillan
John & Virginia Gordon
Government of Canada - Canadian Heritage
Dene Gray
Nancy & Bill Gray
Donna & Ross Grieve
Dr. Willa Henry
Beth & Martin ten Hove
Diane Kelly
KIMCO Steel Sales Ltd.
Peter & Sheila Kingston
Tim Kingston & Tamara Kayfet
Kingston Economic Development Corporation
Kingston Field Naturalists
Kingston Symphony Association
Richard & Cheryl Kizell
KPMG Foundation
Marc LeBlanc
Tommy & Ramona Lee
Betty Lee-Daigle
David & Diane Leeson
Judith & Robert Mackenzie
Doreen & David MacNamara
Katherine & Paul Manley
Joan & Greg Mumford
Dan Norman
Julie Parker Family
Dr. Ronald & Marjorie Pinkerton
Desmond Pouyat

Elinor Gill Ratcliffe C.M.,
O.N.L., LLD (hc)
Erna & Harold Redekopp
Jim & Martha Reid
David C. Riley
Dr. Samuel S. Robinson Charitable Foundation
Danielle Sandiford
Estate of Mrs. Regina Rosen
Gregg & Marla-Beth Rosen
Rotary Club of Kingston
Stephen & Rosalie Roughton
Elizabeth Savill & Nicholas Waterfield
Estate of Audrey Scholes
Gloria & Gavin Shanks
Charles Simonds
Sisters of Providence of St. Vincent de Paul
John & Diane Soule
Spirit of 1095 Restoration
Dr. Howard Steele
Sydenham Street United Church
Malcolm Tackaberry
Peter Taylor
Mary-Alice Thompson & Paul Banfield
George Thomson & Judith Beaman
Laurel Trull
Dr. Vikram Varma
Viner, Kennedy, Frederick, Allan & Tobias
Virginia Wakeford
Donna Watts
Christopher A. West
Dr. Hans & Marion Westenberg
Robert A. Wood & Janet S. Lee
Elisabeth Woollard
Kaethe Yanovsky

We have made every effort to ensure the accuracy of this listing. Please notify our office of any errors or omissions.



10th Anniversary VITAL SIGNS® LAUNCHED OCTOBER 15



“Taking the Pulse of Our Community”

Our 10th annual *Vital Signs* report compared selected indicators used in *Vital Signs* 2009 with similar indicators in 2018. Some showed improvement over the decade (Sense of Community Belonging), some showed alarming increases (rates of Obesity and Overweight). And, new threats like the opioid crisis are threatening community wellbeing. We also focused on the theme of Poverty, revealing that vulnerable groups (lone parents, Indigenous population, visible minorities, and immigrants) are experiencing much higher rates of poverty in our area.

The launch program featured a presentation by Judi Wyatt, co-founder of The Poverty Challenge, and Reanna King, whose lived experience made her a poverty expert. Mike Bell, CEO, Kingston Community Health Centres, focused on how health equity can improve the mental and physical health outcomes for the poor. Foundation Board Member Dr. Ian Gemmill moderated the Q & A session.

We have concluded that CFKA should publish *Vital Signs* less frequently. There will, however, be a measure of the City’s wellbeing; Sustainable Kingston in partnership with the City will track a group of similar indicators; imitation is the finest form of flattery! CFKA will fill the intervals between its periodic *Vital Signs* community reports with Community Conversations, shorter thematic focuses upon issues affecting community wellbeing.

To view the full report visit: www.cfka.org/vitalsigns/



Photos by Garrett Elliott Photography

Operating REVENUES & EXPENDITURES

*Investment Income reflects market returns (losses) earned on our Operating Endowment Fund along with market returns (losses) earned on the temporary investment of unrestricted surplus funds by the Foundation.

** The Office Move was a major expense in 2018 which had been budgeted for from previous years surplus. The Move came in on budget.

2018 Performance Results

Excluding the Office Move, the Foundation's operating expenses are up only slightly over the prior year. Much of this increase in expenses is associated with Information Technology (up ~\$6,500 in order to provide enhanced services to provide better cyber security), and Rent (up ~\$8,000 in our new location, which provides us more, fully accessible space).

Note: We draw income from our Operating Endowment Fund each year to fund current year operations. Following our spending policy, the payout rate is based on the 3-year average rate of return. In 2018, we drew \$63,000 from our Operating Endowment Fund (2017 – \$58,000). Excluding the Office Move and using the approved budget/actual funds transferred for Investment Income, the Foundation realized an operating surplus in 2018.

For full details, see our Audited Financial Statements at <http://www.cfka.org/annual-reports-financials/>.

	2018	2017
Revenue	\$	\$
Donations (to operations)	78,145	87,166
Other Fundraising Events	4,174	7,670
Investment Income*	(23,577)	82,117
Administration Fees	290,075	267,660
Miscellaneous	4,683	5,421
<i>Vital Signs</i> ®	8,500	8,600
Total Revenue:	362,000	458,634
Expenditures		
Bank and Credit Card Fees	2,685	2,363
Fundraising Events	5,166	5,630
Grant Project Expenditures	658	1,210
Information Technology	27,238	20,773
Insurance	6,158	5,029
Life Insurance Premiums	36,475	36,475
Marketing	4,804	4,615
Meetings and Promotions	2,415	4,609
Membership Fees	5,567	5,958
Miscellaneous	300	2,339
Office Move**	47,386	
Office	19,045	18,205
Professional Fees	10,990	9,943
Publications and Printing	7,735	6,427
Rent	46,447	38,552
Wages, Benefits and Consulting Fees	220,779	218,115
<i>Vital Signs</i> ®	12,259	11,648
Total Expenditures:	456,107	391,891
Net Income	(94,107)	66,743
Net Income (Excluding Office Move)	(46,721)	66,743



Meet the COMMUNITY FOUNDATION TEAM

Our small staff team works with a dedicated Board of Directors and over 70 volunteers who contribute their time, leadership and expertise to make all the work of the Foundation possible. For board member biographies and a full list of our volunteers visit www.cfka.org/people.

BOARD MEMBERS

Chris Chard, President
Gayle Barr, Vice-President
Michael Bell, Past President
Jonathan Warren, Treasurer
George Wright, Secretary
Julie Burch
Peter Finnegan
Ian Gemmill
Kalen Ingram
Richard Kizell
Bryce Parisotto
George Thomson
Robert Wood

Our thanks to outgoing board members who ended their terms in June 2018: Jay Rayner, Melissa Seal, and Rod White.

STAFF

Tina Bailey, Executive Director
Andrew Oosterman, Finance & Operations Coordinator
Penny Scott, Grants Coordinator

LEGAL COUNSEL

Mary-Alice Thompson, TEP
Cunningham, Swan, Carty, Little & Bonham LLP

INVESTMENT ADVISOR

Marc LeBlanc, MBA, CIM, FCSI, Portfolio Manager,
Vice President, CIBC Wood Gundy

HONORARY LIFE MEMBERS

Florence Campbell	Eveline Flint
Michael Davies	Virginia Gordon
Greg Fisher	



Photo by KAYMEDIA

CONNECT WITH US!

The Community Foundation for Kingston & Area strengthens our community by connecting the generosity of donors with the energy and ideas of people and charities addressing local community needs.

DONATE
VOLUNTEER
LEARN MORE
APPLY FOR A GRANT



Community Foundation
for Kingston & Area

JOIN OUR MAILING LIST

Get updates and event invitations directly to your in-box.
Sign up at www.cfka.org or by calling the office.

FOLLOW US @CFKingstonArea



CALL, WRITE OR STOP BY

info@cfka.org

613.546.9696

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Kingston, ON K7K 2X5

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COMMUNITY
MAKES YOU**

**AND YOU
MAKE YOUR
COMMUNITY**

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YOUR COMMUNITY
FOUNDATION**

**BRINGING PEOPLE
AND CAUSES
TOGETHER**

**TO CREATE
SMART & CARING
COMMUNITIES**

Proud member of



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OF CANADA