



Community Foundation
for Kingston & Area

Ripples

Your community makes you
and you make your community!

Issue Number 42, Fall 2018



The Spring Grants Celebration awarded 16 grants totalling \$165,478 to benefit over 4,000 people.

She was Always There ...

By now most *Ripples* readers will know that Gini Rosen, our long-time editor, left us on August 13 after bravely facing her terminal illness. Much has been said and written about Gini's kindness and her many contributions to the life and welfare of the Kingston community. Some mention has also been made of her work with the Foundation, especially her late-life activities around food and the importance of ensuring that everyone in Kingston has enough quality food to eat.

But to focus on that alone is to miss so very much of what Gini meant to the CFKA over the more than 20 years of its existence. Gini played a pivotal role in making the Foundation go. She was *always* there, always pushing for new and different ways to raise money – and, yes, to spend it, too. Most importantly for her *Ripples* colleagues, she was always there to help us meet our publishing deadline.



Michael Bell, while President, with Gini at the Foundation's annual Garden Party.

While my own engagement with the Foundation has been relatively brief, it has been long enough for me to see the extent and depth of Gini's involvement. She chaired the Foundation's Board and various committees, was "donor-in-residence," edited *Ripples*, and organized fundraising events (including the "Across the Causeway" concert with The Tragically Hip, the "Under the Big Top" circus in Grant Hall, and the "Jailhouse Rock" event at The Isabel).

In each case, more often than not, it was Gini who brought the original idea forward ("Hey you guys, I've got a great idea for . . ."). She'd then organize or oversee the activity and even donate to it.

Gini had an inexhaustible store of energy. It was always a mystery to me how she managed to juggle her many commitments to family, synagogue, and other interests. But as we all saw, manage them she did. And superbly.

Gini's passing has left a big hole in the heart of the Foundation. A crater, really. The emotional and organizational aspects of that cannot be overstated. It simply isn't and won't be the same without her. But the good work of the Foundation will continue, in large measure thanks to the strength of the Foundation that Gini played such a large role in helping to build.

"Gini was at the heart of the Foundation for so long that her influence has been embedded into the fabric of who we are and what we do," reflects Executive Director Tina Bailey.



Gini (lower right) with many of the members of the "Big Top" team.

Gini's friends here at *Ripples*, like everyone who had the privilege of knowing her, mourn her loss. We feel it acutely, and our thoughts and prayers are with her family.

But we'll carry on. That's what Gini would want us to do.

Merv Daub

Since 1995, the Foundation has granted more than \$11.5 million to a wide variety of charities.

Grants

Community Grants, our broadest program, supports projects undertaken by local charitable organizations. The Spring applications are due **February 15, 2019**.

Arts & Culture

HomeGrown Live Music Production, Planting the Seeds

\$9,210. Acknowledging 10 years of volunteerism, 10th Anniversary of HomeGrown Live Music Festival and Parade, screening of “Kingston Live” and the Planting the Seeds events, sharing skills among accomplished and early-stage musicians, and encouraging others to take up music.

Open Voices Community Choir, Children’s Concert

\$3,198. 650 Grades 3-6 students were invited to the Grand Theatre for a concert called “What if Kids Ran the World?” where they were entertained and educated with songs about diversity, inclusiveness, responsibility, the environment, social awareness, and First Nations.

Children’s Mental Health

Resolve Counselling Services Canada, Child and Youth Outreach

\$24,648. To help meet and eliminate barriers for youth where they already are helps improve access to counselling. Funding for this program enables counsellors to reach diverse populations.

Canadian Mental Health Association – Kingston, “Kids Get Stressed Too!”

\$26,680. This program helps children develop resiliency by teaching them coping skills such as feeling good, optimism, self-confidence, emotional regulation, and trust.

Community Development

Kingston Municipal Non-Profit Housing, Community Garden Collaborative

\$8,642. This project provides community engagement, pride, and collaboration, while promoting access to healthy food for Inner Harbour residents through accessible gardens.

Education & Literacy

PeaceQuest Kingston, Imagine Peace: Kingston Gathering

\$3,906. This event brings peace-builders to Kingston’s waterfront to mark the centenary of WWI’s end on November 11, 1918, engaging regional and national leaders, featuring discussion with regional panelists, and concluding with a concert at The Isabel.

Environment

Friends of Frontenac Park, Celebrating “The Year of the Bird”

\$3,359. Species identification workshops, presentations on avian natural history, training in Citizen Science, hikes with experienced birders during the Frontenac Challenge, and the popular Christmas Bird Count, for participants of all ages.

...cont’d on page 5

President’s Message



A metaphor I use to illustrate the role that our local charities play in the community is to picture a drinking glass filled with three golf balls. If you imagine the community’s needs as all the space within the glass, the golf balls represent municipal, provincial, and federal programs. The dozens of local charities represent grains of sand that, when poured into the glass, fill in the empty spaces, to address all the other needs not fully met by government, and make our community outstanding.

Here is a story about one of those grains of sand. As an avid user of the K&P Trail, I was especially pleased to see a new endowment fund dedicated to the Cataraqui Region Conservation Authority for purposes of enhancing the experience of users of the K&P and Cataraqui Trails. When Gordon Rodgers passed away in April, his family set up The Gordon Rodgers Memorial Fund to create a lasting legacy in his name for the betterment of our community (see p. 5).

This is just one example of how the Foundation connects the generosity of donors with the energy and ideas of people and charities addressing community needs.

I heard someone say recently that “The Community Foundation is the best kept secret in Kingston.” I have mixed emotions when I hear that. On the one hand, I’m sorry that more people in our community aren’t aware of the outstanding benefits the Community Foundation provides through the many charities that have received grants through the Foundation. But on the other hand, it excites me to know that if we’ve done so much quietly, we have the capability to do so much more when we are more widely known within the community. And that will happen. Our new five-year strategic plan includes a mandate to ensure everyone knows about the great work we do. If you’re reading *Ripples*, I know I’m preaching to the choir, so I would simply ask you to let others hear your voice. *Sing loud and sing proud.*

Chris Chard

Our Course for the Next Five Years...

This fall the Foundation wrapped up its strategic planning process and set a course for the next five years.

Our vision remains the same: *A vibrant, creative community where everyone has the opportunity to take part in building a caring, healthy, and culturally rich community.* Our mission is re-stated: *The Community Foundation for Kingston & Area strengthens our community by connecting the generosity of donors with the energy and ideas of people and charities addressing local community needs.*

With input from diverse stakeholders (including many of you – thank-you!), the Board, and the staff, three overarching priorities have been identified to guide our activities. Each of the three is intended to increase the positive impact we have on the communities we serve.

GROW ASSETS & EXPAND IMPACT:

CFKA will continue to grow its asset base so that we can increase our annual granting into the community, and we will seek to use our funds strategically to maximize our impact to improve the wellbeing of residents in Kingston and area.

INCREASE AWARENESS & INFLUENCE:

CFKA will continue and expand its work to be a credible, influential voice within our communities working collaboratively with other organizations and stakeholders to identify and address existing and emerging needs.

ENHANCE ORGANIZATIONAL EXCELLENCE & CAPACITY:

CFKA will be recognized for excellence in its governance, operations, and donor stewardship – operating with integrity, efficiency, and heart – effectively using its resources to maximize benefit and impact in our communities.

It has been an honour to lead and work with so many wonderful people in our community during the past five years – our donors and volunteers, other charities, and community leaders – to advance the vision of the Foundation. I believe our new strategic plan, guided by the idea that “Together Is Better,” is straightforward yet ambitious and I look forward to the next five years of achieving even more great things for our community – together.

Tina Bailey, Executive Director

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Brian Chard Design

New Aspirations for *The Spire*

The Community Foundation for Kingston & Area is pleased to have *The Spire Capital and Development Fund* in our family of Agency Funds. For over 160 years the Sydenham Street United Church building, the magnificent edifice at 82 Sydenham St., has been a notable presence on the Kingston skyline. Now known as *The Spire*, it has evolved into a community hub.

Each week, well over 1,000 people use *The Spire*. Open its doors on any day and it is a bustle of activity. People of all ages, backgrounds, and convictions gather to celebrate the arts, to sing, to act, to dance, to find safe harbor, and to learn together. *The Spire* provides a home for some 20 charities and non-profit organizations such as the Kingston Canadian Film Festival, Cantabile Choirs of Kingston, self-help groups, Sydenham Street United Church Congregation, and many more.

This innovative re-purposing of a signature Kingston heritage building is being moved forward by the **Friends of The Spire Inc.** – an Ontario registered not-for-profit corporation formed to ensure that this heritage building will be preserved and accessible for continued community use. The Friends of The Spire

have embarked on a \$1.5 million fundraising campaign, of which over \$900,000 has been raised to date. One of the goals of the campaign is to build an endowment fund at the Community Foundation to fund maintenance and capital improvement of this historic building, enabling its long-term use as a community hub.

As *The Spire* continues to transform and welcome ever-broadening uses, it has achieved a renewed life as a welcoming place to gather within our community – a beacon of hope, inspiration, and joy.

For more information about *The Spire* contact Bruce Hutchinson at bruce@thespirekingston.org.

Kim Philipps

Giving Tip:

Do you hold securities that have gained in value? Consider a charitable gift.

You benefit from a huge tax advantage:

- You avoid paying income tax on the capital gains; and
- You receive a charitable donation receipt for the full market value.

The process is easy:

- There is a simple form to fill out to transfer securities electronically;
- DO NOT sell them yourself, they must be gifted in-kind; and
- Make your gift by December 21 to ensure a 2018 charitable receipt.

Call us at 613.546.9696 or visit cfka.org/ways-to-give to learn more.

Current Agency Funds hosted by the Community Foundation for Kingston & Area include:

- Boys and Girls Club of Kingston & Area
- Camp Outlook
- Canadian Mental Health Association
- Canta Arya School for Strings
- Frontenac County Schools Museum
- Habitat for Humanity
- Kingston Frontenac Public Library
- Kingston Field Naturalists
- Kingston Humane Society
- Kingston School of Art
- Kingston Symphony Association
- Kingston WritersFest
- Land Conservancy for Kingston, Frontenac, Lennox & Addington
- Loving Spoonful
- Marine Museum of the Great Lakes at Kingston
- Pathways to Education Kingston
- Rideau Waterway Land Trust
- Rotary Club of Kingston
- The Mess Open Arts Studio
- The Seniors Association Kingston Region
- The Spire
- Voices, Opportunities & Choices Employment Club
- Youth Diversion
- Wintergreen Studios

Letting Charities Get on with What They do Best!

At the Community Foundation for Kingston & Area, we know how important charities are to our community. We also know how much work goes into running them smoothly. On top of delivering on their core mission, some essential tasks can take staff, volunteers, and board members away from what they do best: making a difference in the community.

When it comes to managing investments, we’re here to help. The Foundation has been working with charities in Kingston and area to establish and manage customized permanent endowment funds (Agency Funds) since 1995. Endowments often are funded through bequests as part of an overall estate plan. This gives donors peace of mind knowing that their cherished cause will be supported in perpetuity.

An Agency Fund can develop a stable source of funding for a charity.

The Foundation provides professional investment management and fund oversight, allowing the charity to focus its efforts on its core business.

When an Agency Fund is established with CFKA, the Foundation:

- Provides Annual Fund Statements;
- Disburses the earned income as the charity directs;
- Processes all donations to the fund, including publicly-traded securities;

- Administers estate gifts to the endowed fund;
- Issues “official” tax receipts directly to donors;
- Offers advice on gifts of securities, planned giving, and growing the endowed fund; and
- Lists the Agency Fund on our website.




The next step in setting up an Agency Fund – contact Tina Bailey at 613.546.9696.

Kim Philipps







Donor List

Thank you to the following donors who have contributed over \$100 from October 1, 2017 through October 1, 2018*.

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200+ Funds Endowed and Growing

There are many ways to establish an endowed fund: direct cash donation, by bequest, as a memorial to a loved one, through life insurance, etc. Individuals, families, and businesses have taken the initiative to set up funds to support causes they hold close to their hearts. Some have left the decision to the Community Grants Committee, by leaving the fund unrestricted, contributing to the pooled income for the Foundation’s 360-degree granting.



Gord Rodgers

“A perfect legacy . . .”

The Rodgers family has established the *Gordon Rodgers Memorial Fund* to commemorate the memory of Gordon “Corky” Rodgers, who died in April at age 72.

Income generated by the endowed fund will go to the Cataraqui Region Conservation Authority to help maintain and enhance the experience of trail users on the Cataraqui and K&P trails. “Gord was everything about nature,” says Barb Rodgers.

She explains that her late husband’s passion for the outdoors was evident both in his career with the Ontario Ministry of Natural Resources and post-retirement, when he devoted himself to working with the local lake association, a regional stewardship council, and as a consultant on projects to rehabilitate failing fresh water systems. “Gord was larger-than-life in the community, and when the CFKA set up a memorial fund, donations poured in. Many of the donors included beautiful remarks about Gord.”

Barb continues to live in the “dream home” that she and Gord built on a lake north of Kingston, and she and her dog Stanley still hike the same trails they did each day. “Doing so is healing for me. I feel close to nature and to Gord,” says Barb, “... the fund is a perfect legacy in Gord’s memory.”

Life insurance bequest promises big return for a modest cash outlay

Judith Beaman and George Thomson hope an innovative CFKA-administered fund they have created will pay for initiatives that develop new approaches to helping children and families in the Kingston area. The couple, both of whom are retired judges, have made a \$75,000 seed donation to start their fund and have set up a planned-giving gift in the form of a million dollar “last-to-die” life insurance policy.

“We both were in Kingston in the 1970s. The community’s important institutions – Queen’s, St. Lawrence College, KGH, and Hotel Dieu – all had within them committed and creative people who were prepared to work collaboratively with the Family Court and others to develop new approaches to helping children and families in crisis. Kingston was a place where there was an openness to trying new programs and new approaches that could be implemented and evaluated with modest resources,” Thomson recalls. “We hope the income from our new fund might be used to try to re-create or further support this sort of environment and to promote new approaches that build understanding of the kinds of community-based measures that are most effective in assisting youth-at-risk and their families.”

He notes that he only recently learned about the benefits of working with the CFKA to establish a locally-oriented philanthropic fund. “What’s especially appealing about a life insurance policy bequest is that the annual premium can be fairly modest when measured against the long-term payout – especially if the policy holder takes out a policy sooner rather than later,” Thomson says.



George Thomson and Judith Beaman

In addition, Revenue Canada considers policy premiums to be a charitable donation that’s tax deductible.

Beaman and Thomson hope others will follow their example and work with the CFKA to set up similar funds that reflect their own goals. While both are eager to see their money put to the good use they’ve intended, Thomson laughs as he cautions, “We’d like it to be quite a few more years before the fund collects on our insurance policy.”

Ken Cuthbertson

More Grants

Environment

Algonquin to Adirondacks Collaborative, Connecting Kingston to the A2A Trail

\$4,254. This project will define a connecting link between the main A2A Trail and Kingston, culminating in a community trek along the link and a trail celebration in Kingston.

Friends of Kingston Inner Harbour, Tracking and Talking About Turtles

\$11,944. This project aims to find out more about the turtles that live in Kingston’s Inner Harbour, telling others about these findings, and bringing more scientific rigor to the work of citizen-scientists.

Health & Social Services

Kingston 4 Paws Service Dogs, Expansion Program

\$5,000. This program trains and places service dogs with local individuals living with physical and mental challenges, providing individuals with physical assistance, a sense of safety, and independence.

Loving Spoonful, Good Food Workshops

\$14,688. 39 creative cooking workshops in the Rideau Heights Community Centre will improve food access, food literacy and skills, and confidence, encouraging healthy food consumption through good food workshops.

Independent Living Centre Kingston, Access to Technology

\$16,920. One-to-one support assistance will provide opportunities for individuals who may be unaware of how to use a computer due to an obstacle from a disability.

Sexual Assault Centre Kingston, Enhancing Suicide Intervention Skills

\$5,917. Suicide intervention training for 60 local crisis line volunteers is provided. In their volunteer responsibilities, the crisis responders will likely encounter over 500 members of our community considering suicide.

Heritage Preservation

Marine Museum of the Great Lakes, Shipwrecks Kiosks

\$5,694. Two new kiosks, one at the museum and another moved around the city, will promote the museum’s new Great Lakes Shipwrecks virtual exhibit.

Youth

Habitat for Humanity, Summer Camps

\$16,600. Two Summer Camps for local children aged 8-12, from families otherwise unable to afford the cost of summer camps, will see the children select, design, and build a woodworking project under professional supervision.

Camp Outlook, Community Building Trip with Newcomers to Canada

\$4,818. Camp Outlook offers young people a chance to develop their inner strength, self-worth, and capacity to succeed. A nine-day canoe trip in Algonquin Provincial Park will build community between newcomers to Canada and local youth.

Visit www.cfka.org/community-grants-program/

Stark Family Fund 2018 Grants

The Stark Family Fund, a legacy that keeps on giving: the Stark family’s strong sense of civic responsibility continues to sustain worthy projects and causes that benefit residents of Prince Edward County.

Music at Port Milford

\$2,000. Instruments for Choral Day Camp and Impact Arts Camp

Wellington Auxiliary Rescue Association

\$2,395. Automatic External Defibrillator

Recreation Outreach Centre

\$4,000. Youth Linked In

Prince Edward Memorial Hospital Foundation

\$26,490. Direct Patient Care Equipment

Trenton Memorial Hospital

\$5,000. Care for Tomorrow

The Children’s Foundation

\$4,000. To increase the number of children and youth helped in PEC

Easter Seals Ontario

\$1,817. Send A Kid to Camp

Canadian Cancer Society Hastings Prince Edward

\$4,000. Wheels of Hope

Rotary Club of Picton

\$5,750. Stark Family Fund Bursaries

Recently Established Endowment Funds



Henry & Loretta Lee and family

- George Galt Fund for Canadian Literary Writers
- Gordon Rodgers Memorial Fund
- Henry & Loretta Lee Legacy Fund
- Hans W. Blaser Endowment Fund
- Marion and Dan Attack Fund
- Moosa Zubay Saloojee Fund
- Seniors Community Grant Fund

Smiles for Syrian Refugees ...

CFKA accessed \$20,000 through the Community Foundations of Canada's national Welcome Fund in June 2016 to support emergency settlement expenses of Syrian refugees.

The funds secured for use locally were directed to the Community Refugee Relief Fund created by the United Way and the City of Kingston and funded through community donations. By partnering with them, we could leverage both financial and volunteer resources to direct funds effectively to areas of highest need. We did not envision that the need would be dental treatment, but in total the funds helped 15 refugees (8 males; 7 females) receive critical dental care.



10 Years of Vital Signs® in our Community



Left to right, Reanna King, Judi Wyatt, Mike Bell, and Dr. Ian Gemmill.

The 10th anniversary of the *Vital Signs*® report was unveiled and discussed on October 15th at the Residence Inn by Marriott. In short, there is good news and bad news. Areas of improvement were clear: our sense of community and our marked increased use of public transit to name just two. But we have improvements to make in poverty reduction and in other social determinants of health.

Guest speakers Judi Wyatt and Reanna King spoke passionately offering ideas on how to support those living in poverty, on an individual level and on a governmental level. Mike Bell from

Kingston Community Health Centres talked about health equity. We learned that 50% of our health outcomes are associated with social determinants, especially the stresses of adverse childhood experiences. Dr. Ian Gemmill moderated the Q & A, where questions from the audience on affordable housing and advocacy for those living in poverty were answered by the guest speakers.

Over the last 10 years the Kingston community has made some significant strides, but there are still many challenges facing us and still much work to do.

Elspeth Christie

Our Foundation Staff

- Executive Director**
Tina Bailey
- Administrative Coordinator**
Amanda Allan
- Finance & Operations Coordinator**
Andrew Oosterman
- Grants Coordinator**
Lesley Rudy

Ripples

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Jan MacDonald
Kim Philipps

- Graphic Design**
Rebecca Abrams

- Printing & Distribution**
The Kingston Whig-Standard

Publisher

- Community Foundation
for Kingston & Area

Don't miss out!

Make sure you're on our email list to get invitations to exciting events such as our **January 23, 2019 Speaker Series** on health equity featuring **Dr. Jeff Turnbull** and his work delivering healthcare to Ottawa's homeless.

Sign up today at www.cfka.org.

Making Waves

Welcome On Board!

We are delighted to welcome the following new members to our Board this year: **Julie Burch**, **Ian Gemmill**, **Kalen Ingram**, and **Robert Wood**. To read their full biographies, please visit our website. Many, many thanks to outgoing Board members **Jay Rayner**, **Melissa Seal**, and **Rod White** for their years of service to CFKA and volunteer **Merv Daub** who served on the *Ripples* Editorial Board for many years.

Changes to our Staff...

Andrew Oosterman has joined the staff at CFKA as Finance & Operations Coordinator. **Amanda Allan** is also new to CFKA in the role of Administrative Coordinator.

Lesley Rudy is leaving her role as Grants Coordinator.

Please drop into the office and say hello to our new staff and a fond farewell and thank you to Lesley.

Grants Celebration

Join us at the **Fall Grants Celebration** which will be held on **Wednesday, December 12** at the Ongwanada Resource Centre, 191 Portsmouth Avenue from 4 to 6pm.

Find out what exciting projects are being funded by the generosity of our donors.

All are welcome.

Zal & Rose Breakfast

15th Annual **Zal & Rose Breakfast** will be held this year on **Tuesday, December 11** at Chez Piggy (613.549.7673) and **Wednesday, December 12** at Pan Chancho (613.544.7790).

CFKA's Zal & Rose School Breakfast Fund supports the Food Sharing Project which provides nutritious breakfasts for school children. For reservations, please contact your restaurant of choice.



Community Foundation
for Kingston & Area

Your community makes you
and you make your community!

Contact Us

275 Ontario Street – Suite #100, Kingston, Ontario, K7K 2X5
613.546.9696 info@cfka.org www.cfka.org



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Through a

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Phone: _____ E-mail: _____ ☐ Please add me to your e-mail distribution list

Name for Public Acknowledgement: _____ OR ☐ I wish to remain anonymous

Method of Payment: ☐ Cheque Payable to Community Foundation for Kingston & Area ☐ Credit Card ☐ Visa ☐ MasterCard

Card Number: _____ Expiry: _____ Signature: _____

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- ☐ Setting up a Fund
- ☐ Making a donation of appreciated securities
- ☐ Including the Foundation in my estate planning
- ☐ I have included the Foundation in my will

A charitable receipt will be issued for your donation under Charitable Registration Number 89143 2395 RR0001. Thank you for your support!

Who We Are

The Community Foundation for Kingston & Area is a public charitable organization supported and run by citizens of Kingston and the area.

What We Do

The Foundation encourages individuals and organizations to establish and build permanent endowments and other funds from which worthwhile community projects are then supported.

Learn More

Learn more about Foundation activities and upcoming events by signing up for our monthly e-newsletter *Waves* at cfka.org or calling 613.546.9696

Get Involved

- Volunteer
- Attend an Event
- Join a Committee
- Start an Endowment Fund
- Donate