



Community Foundation
for Kingston & Area

Ripples

Your community makes you
and you make your community!

Issue Number 41, Spring 2018



Yara Chard

If You Haven't Noticed, We've Moved!

It is a genuine pleasure to be settled into our spacious new office at 275 Ontario Street, Suite # 100 – a street-level location in the Executive House located at the corner of Ontario and Queen Streets.

If you've driven by, hopefully our new signage has caught your eye, and you will take part in *the ripple effect!*

Our new space is larger, brighter, and fully accessible to better serve our community, now and in the years ahead. (And I must say I am happy to now have a meeting room large enough to host our own Board meetings!)

Plus, as you can see from the photo above, the very busy location provides us with great visibility!

A sincere thank you to all who helped make the re-location possible: Capital Movers & Storage for making the move so smooth, JSM (our new landlord) and members of our "Move Committee": Greg Fisher, Rod White, and a very special thanks to George Wright, our volunteer Project Manager, overseeing all the details, big and small.

We are so pleased with our new home!

Tina Bailey, Executive Director



Pathways to Education

Logan, a *Pathways to Education* alumnus.

A Chance to Succeed...

I'm a *Pathways to Education* alumnus, a St. Lawrence College graduate, and a current Queen's University student. I would like to thank the Community Foundation for Kingston & Area for supporting *Pathways to Education*.

I've benefited so much over the years from the support *Pathways* has provided me. The tutoring sessions throughout high school assisted with my academics. The social support kept me on track to achieve my goals. The financial support helped me invest in my future. *Pathways* simply gave me a chance to succeed. The alumni support, funded by the Foundation, allowed me to stay connected to my mentors.

Pathways was there for me when I faced challenges in post-secondary school. Because of this strong connection I was able to stick to my goal of completing post-secondary education. I've always wanted to give back to the program – originally as a volunteer, and eventually as a part of the *Pathways* staff.

Now, as a tutor, I'm lucky enough to be a part of the change. Thank you for helping *Pathways to Education* build a graduation nation.

You are truly making a difference!

Sincerely, Logan

2017: A Remarkable Year!

- \$829,552 granted.
- 8.26 per cent return on investment.
- \$3.6 million in donations.
- \$20.7 million in assets under management.

Watch for the 2017 Annual Report on our website.

Completely Transformative

Loving Spoonful uses a locally developed application, *Carrot Top*, to inform participating agencies of weekly inventory and prices; agencies submit their weekly orders to *Loving Spoonful* which notifies farmers and suppliers.



Loving Spoonful

L. - r., Gayle Barr, Lilith Wyatt, *Loving Spoonful*, Al Canter from *Pig & Olive*, Brian Quinn from *Quinn's Meats* and Tina Bailey. Missing from the photo is Bruce Wallace from *Wallace Beef*.

Delivery occurs that same week. Over a period of 24 weeks, 7 participating agencies purchased meat for a total price of \$5,195, representing an estimated savings of \$5,446 (as much as 51% off grocery store prices).

A December 2016 CFKA Community Grant enabled *Loving Spoonful* to launch this imaginative pilot project to provide an opportunity for local suppliers to get their surplus meat protein to where it is needed.

Lilith Wyatt, Project Coordinator, reported that "We are hearing from agencies that this program is completely transformative. It is simple and innovative. *Loving Spoonful* is thrilled to have been able to connect all the dots to make it work."

Since 1995, the Foundation has granted more than \$11 million to a wide variety of charities.

Grants

Community Grants is our broadest granting program, supporting projects undertaken by charitable organizations within the greater Kingston area. There are two rounds per year; fall and spring.

Arts and Culture

H'art Centre, The Box: Residency

\$7,500. Provides two emerging art practitioners with time, space, and resources to pursue an inclusive art project while mentoring up to 30 adults with intellectual disabilities during weekly workshops.

Agnes Etherington Art Centre, Story-telling through the Arts

\$8,550. This partnership between the Art Centre and Four Directions Aboriginal Student Centre focuses on the power of storytelling to bridge communities through public events and arts-based workshops for Indigenous youth.

Children’s Mental Health

MusicMates, Skills ‘n Music for Helen Tufts Nursery School

\$3,663. MusicMates has created a customized music-based skill development program for children aged four and under, featuring social skill development, cooperation, movement to music, and much more.

Community Development

Kingston Community House, Window Replacement

\$5,666. The Kingston Community House for Self Reliance at 99 York Street is replacing three windows, providing a warm, comfortable meeting space for members.

Kingston Employment & Youth Services Inc., Refugee Volunteer Initiative

\$21,904. This project helps government-assisted refugees become active volunteers in the community and provides orientation and settlement support for newly arriving refugees.

Kingston Employment & Youth Services Inc., Begin Again Group (B.A.G.) Initiative

\$15,905. This initiative supports local refugee women to build community and develop financial independence and the skills and relationships, to empower them to run a successful business making designer bags from recycled rubber.

Education and Literacy

Queen’s University Biological Station, Winter Ecology Program

\$13,104. A program at Elbow Lake Environmental Education Centre for youth and new Canadians to actively learn about and research winter, inspiring them to feel connected with the environment.

...cont’d on page 3

President’s Message



My message is inspired by the April 13 CBC *Ontario Today* show hosted by Rita Celli. Rita’s guest was the Right Honourable David Johnston, 28th Governor General of Canada, and currently, Chair of the Rideau Hall Foundation. The Rideau Hall Foundation and *Imagine Canada* jointly released *30 Years of Giving in Canada*, a study which examines the giving patterns of Canadians from 1985 to 2014.

The study finds donors aged 50 and older account for nearly three quarters (74 per cent) of all donations, while those 70 and older make up 30 per cent of gifts. The research also reveals donations are declining across all age categories, and donation rates are markedly lower for Generation Y (b.1972-1992) than for previous generations.

Several younger people who called in to the show cited lack of faith that their donated dollar was not going to be used appropriately, or that they simply didn’t have the spare funds to give. When probed about their activities in life, in many cases they had in fact volunteered in some way for youth, health, or social causes. David Johnston correctly pointed out that the word *philanthropy* comes from the Greek language and means ‘love of humanity.’ Although not a financial contribution, engaging in community to make it a better place for others, is most certainly philanthropy. It occurs to me that the best way to be a philanthropist is to be involved. By becoming engaged in community activities, you will develop understanding and confidence in philanthropy in your community. Your example will encourage individual philanthropy in all ages, and thereby build a culture of giving in our community.

Chris Chard

Planning for the Foundation’s Future...



Left to right: Michael Bell (CFKA Past President), Bill Walsh (facilitator), Liz Schell (City Councillor), Roger Wilson (Community Member, Governance Committee), Mohamed Bayoumi (Islamic Society of Kingston), Nicole Cromwell (Tetra Society of North America, Kingston).

“...community consultations have provided a rich menu of responses to questions focusing on the Foundation’s core activities”

In the spring 2017 issue of *Ripples* as President I asked you to “Watch for opportunities to share your input to help your community foundation establish its future direction.” We embarked on the process of making a new strategic plan for the Foundation in November. In April, we completed the community consultations with more than 30 stakeholders. The process is being moved along by Bill Walsh, a member of the Governance Committee, which is guiding the overall approach.

The community consultations have provided a rich menu of responses to questions focusing

on the Foundation’s core activities: building endowments, granting, and our *Vital Signs*® and *Speaker Series* programs. The results are being used to inform the strategic directions for the Foundation’s next few years, subject to periodic review. The move to the new premises with a fresh look is an opportune time to refresh the Foundation’s view of the future. Tina Bailey, our indefatigable Executive Director, burst out after one of the focus groups finished its deliberations: “This is great! I’m all jazzed up by the fabulous energy of these sessions.”

Michael Bell

The Foundation Volunteers				
Board of Directors	Committees			
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Honorary Life Members Florence Campbell Michael Davies Greg Fisher Eveline Flint Virginia Gordon Regina Rosen				
Investment Advisor Marc LeBlanc, <i>CIBC Wood Gundy</i>				
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What’s in a Name?

In recognition of Regina Rosen’s exceptional involvement with the Foundation for decades, the Board decided to allocate \$25,000 of the *Under the Big Top* proceeds to create a new fund: the **Regina Rosen Food First Fund (RR FFF)**.



Yara Chaud



Loving Spoonful



Yara Chaud

Food Comes First

In May 2012 the Community Foundation produced *Under the Big Top*, an extravagant fundraiser in the form of a magical circus. In clown wigs and with red noses, we raised more than \$300,000 for the Foundation’s endowment fund.

Because food does indeed come first, and the need to provide food security in Kingston and surrounding area unfortunately is growing, our endowed fund model needed to be altered to be more responsive:

The role of the RR FFF is to amplify the efforts of all those in Kingston who are providing food security. Funds raised are divided equally: half is endowed to ensure future income, and half is designated for flow-through. The latter will be used to distribute \$1,000 monthly to a different community food-providing organization in support of a self-identified project or immediate requirement.

A volunteer committee meets semi-annually to determine the 12 recipients. Although we minimally distribute one \$1,000 grant per month, for special needs we draw upon the income earned by the endowed fund. A wonderful example: with the arrival in Kingston of three Syrian refugee families (each sponsored by a different church/community group) we made three additional \$1,000 grants to stock their kitchens with foods they would be familiar with. This “Welcome to Canada” gesture was relatively small, but it had great impact. And that is what RR FFF is all about.

In Kingston and area, well-established groups such as *Partners in Mission Food Bank*, *Loving Spoonful* and *Martha’s Table* distribute and serve tons of food to those who require it. But it is the consistently available “little extra” that we aim to provide.

For example, *Outreach* at St. George’s has offered free nutritious hot lunches to all who come – no questions asked – since 1983. Even after this 35-year run, *Outreach*, like most similar programs, can never fully meet clients’ needs: in January 2013, our grant paid for packages of personal needs items for *Outreach* clients.

I have used this example many times over the last few years – but it always bears repeating:

Philanthropy is usually thought of as a synonym for donating money. But it is much greater than that. The *Dictionary of Canadian English* includes these two additional definitions: 1) Philanthropy is a love of mankind shown by practical kindness and helpfulness, and 2) Philanthropy is the effort or inclination to increase human well-being. The simple act of growing a row of vegetables for distribution to those who face food insecurity is an act of philanthropy!



Loving Spoonful

After six years as Chair, I am passing on this beautiful task. Before I do I want to ensure there will be enough resources in place to keep the *Food First Fund* viable in perpetuity. Several fundraisers have already happened.

The Foundation, with the generous support of noted chef Clark Day, sponsored a dinner at Bayview Farm Restaurant: *Eat, Drink and be Giving*. George Thomson and Judi Beaman hosted a concert on Howe Island. These innovative opportunities have established momentum for the campaign and are much appreciated.



Peter Bryson

Leading The Way ...

Foundation Board members and friends toast Gini Rosen, first Chair of the *Food First Fund* at the Bayview Farm Restaurant fundraising dinner April 10, 2018. Note that the irony is not lost, but this is a way for the attendees to take the lead raising funds to address food insecurity in our community. Food Security is one of the Foundation’s three Smart & Caring priorities.

There are many ways for you to keep the momentum going – forever. Use the pledge form below to donate any amount of money to the fund – make it a monthly sustaining contribution if you can. You can join the *Food First Club* with a \$1,000 contribution. You can leave a bequest in your will for a legacy gift. If you prefer to make your contribution electronically, go to cfka.org/give. For additional details and information please contact Gayle Barr, Vice-President and incoming Chair, *Regina Rosen Food First Fund*, or Tina Bailey, Executive Director at the Foundation at 613.546.9696.

Gini Rosen



Loving Spoonful

REGINA ROSEN FOOD FIRST FUND PLEDGE

✓ YES! I would like to support the *Food First Fund*.

Name: _____ Address: _____ Postal Code: _____
Phone: _____ E-mail: _____ ☐ Yes, I would like to receive e-mail updates from the Foundation

My Gift in Support of Food Security

- ☐ I would like to become a member of the Food First Club with a pledge of \$1,000 per year for 3 years.
- ☐ I would like to make an annual pledge of \$ _____ for _____ years.
- ☐ I would like to make a one time gift of \$ _____.
- ☐ I would like to make a monthly gift of \$ _____ starting _____ (month).

Method of Donation

☐ Cheque (Made payable to Community Foundation for Kingston & Area)
☐ Credit Card ☐ Visa ☐ MasterCard Card Number: _____ Expiry: _____
☐ Gift of Appreciated Securities (maximum tax advantage) Signature: _____

Recognition

- ☐ I would like my/our names to appear as _____
- ☐ I would prefer to make my gift anonymously

A charitable receipt will be issued for your donation under Charitable Registration Number 89143 2395 RR0001. Thank you for your support!
For further information on the *Food First Fund* please visit our website at www.cfka.org, call the Foundation at 613.546.9696 or email info@cfka.org.



Food is First! But not Enough!

Food First Fund grants have been used in innovative ways to reduce food insecurity: cooking skills for all ages, food vouchers, meal programs in schools and churches, growing and distributing fresh vegetables, healthy-eating counselling for all ages, emergency food boxes and cupboards, refrigeration, kitchen upgrades, meal delivery, garden projects, and

Throughout our granting area, 45 organizations, beginning with a November 2012 grant to Partners in Mission Food Bank, have received *Food First Fund* grants. See what your support of the Food First Fund can do.



Grant Recipients

- Addiction and Mental Health Services – KFLA
- Blessings in a Backpack
- Boys and Girls Club
- Community Harvest Kingston
- Dawn House
- Elizabeth Fry Society
- Food Sharing Project
- Helen Tufts Nursery
- HIV/Aids Regional Services
- Home Base Housing

- Independent Living Centre
- Interchurch Refugee Partnership
- K3C Community Counselling Centre
- Kingston Community Health Centres
- Kingston Food Providers
- Kingston Interval House
- Kingston Unitarian Fellowship (Aboriginal Action Program for Children)
- Kingston Youth Strategy Collective (Y2K)
- Limestone District School Board
- Loving Spoonful
- Outreach St. George’s
- Martha’s Table
- New Leaf Link
- Nightlight Canada
- North Frontenac Community Services Corporation
- North Frontenac Food Bank
- Partners in Mission Food Bank

- Polson Park Free Methodist Church
- AMS Food Bank (Queen’s University)
- Good Times Diner (Queen’s University)
- Aboriginal Student Centre (Queen’s University)
- Ryandale Shelter for the Homeless
- St. Andrew’s Presbyterian Church
- Salvation Army
- Seniors Association
- Sharbot Lake Legion
- Southern Frontenac Community Services Corporation
- St. Francis of Assisi School
- St. Vincent de Paul Society
- Sydenham Street United Church
- The Mess Open Arts Studio
- West Kingston Refugee Partnership
- Wolfe Island Community Garden
- YMCA
- Youth Diversion

Food First Fund Highlights

South Frontenac Community Services Corporation ...

Used its *Food First Fund* grant to set up a crockpot cooking class for its Food Bank clients. Each participant received a crockpot, ingredients for a few simple meals, and recipes that were used to prepare a dish under an instructor’s guidance. One of the participants in that first class recently shared with staff that she is still using her crockpot five years later.

Crockpot Cabbage Roll Casserole

(source unknown)

- 1 1/2 lbs of ground beef
- 1 medium onion, chopped
- 1/2 cabbage, shredded
- 1 cup raw, long cooking rice
- 2 cups water, boiling
- 1 large can tomatoes, diced
- 1 small can tomato paste
- salt and pepper

Optional

- 1/2 jar sauerkraut, undrained

Directions

Brown the ground beef and onion together. Drain the fat. Put cabbage and rice in crockpot. Add boiling water. Mix in ground beef and onion, salt and pepper, and *sauerkraut* if desired.

Cook on low for 3 hours. Add tomatoes and paste. Mix well. Continue cooking until the cabbage is soft (about 3 hours).

Katarokwi Native Friendship Centre

As Christmas 2013 approached, the **Katarokwi Native Friendship Centre** received a *Food First Fund* grant and partnered with the Kingston Unitarian Fellowship, *Loving Spoonful* and Foodland in Amherstview to fill Christmas food baskets for 20 Indigenous families. As volunteers were packing baskets at the Memorial Centre on December 17, the Princess Street fire broke out. Despite power outages and traffic disruptions in the area, by day’s end all 20 food baskets had been delivered.

Martha’s Table

Thanks to a *Food First Fund* grant, **Martha’s Table** was able to upgrade its kitchen-prep area, replacing old, cracked tile and melamine counters with a stainless-steel unit that includes a large prep surface and under-counter storage cupboards. As well, they were able to purchase commercial grade food paddles and whisks. The kitchen continues to be busy throughout the day: staff and volunteers served 49,000 meals during 2017, using that same kitchen-prep equipment.



Loving Spoonful ...

Applied its *Food First Fund* grant to create promotional materials for its *Grow-a-Row Program*: posters, fridge magnets, car magnets, garden signs, and materials for display booths. Their community outreach has been so successful that in 2017 the *Grow-A-Row Program* collected 114,000 pounds of fresh food from local farmers and gardeners! One small act of philanthropy by many with a common cause can have enormous impact.

“We are so grateful for the support of the Regina Rosen *Food First Fund* in helping us raise the profile of fresh food delivery. We’re changing the dialogue from ‘Beggars Can’t Be Choosers’ to ‘Everyone Needs Good Food.’”

— Mara Shaw, Executive Director, *Loving Spoonful*



The West Kingston Refugee Partnership ...

Received a *Food First Fund* grant to stock the food pantry for a young Syrian family of four. After careful research on Syrian cuisine, volunteer shoppers chose spices, halal products, oils, lentils, yoghurt, fresh fruits, and vegetables. They even pre-prepared several authentic Syrian dishes. That thoughtfully-stocked pantry was a welcome sight on the family’s arrival in May 2016.



Pathways to Education ...

Is using its *Food First Fund* grant to host two family dinners during the school year to connect with parents, provide information, and offer a nutritious meal. The first dinner was held in March 2018 for students, parents, and siblings. *Pathways* staff and representatives from several high schools were available to meet with parents. Students preregistered for next year’s *Pathways* program and signed up for visits to Queen’s Faculties of Law and Medicine. Building on the success of this breaking-bread event, a year-end family barbecue will close out the school year.

Linda Lysne

Afterwards Afterwords

While we always read the final reports submitted by recipients, the Community Grants Committee has recently started to review the final reports more systematically.

The questions most often asked by the review teams and of interest to donors relate to the sustainability, impact, and the overall quality and success of our grants.

SUSTAINABILITY: Of the 25 final reports reviewed from the 2016 Spring Grants Round we were pleased to learn that 84 per cent (21) of the projects were sustainable. Many were integrated into ongoing programs while recipients were confident enough in the success of their project to seek ongoing funding.

Only two projects (eight per cent) were not considered sustainable by the organization and two (eight per cent) were one-time only projects.

IMPACT: There were over 3,500 participants in the 25 projects, including audiences for concerts. Recipients estimated that more than 10,000 people in Kingston and area felt the impact of their projects. While these numbers will vary depending on the year, it was impressive to see how many people benefit from our grants. Not all projects need to benefit hundreds of people; we also appreciate projects that touch fewer people in meaningful ways.

QUALITY: Assessing the success of projects based on quality is more difficult to measure, but the general assessment of the reviewers is that the projects were successful in helping

organizations to develop and test new ideas, offer programs to new audiences, and meet community needs. Recipients were also asked to reflect on what they learned from doing the project (not all projects run exactly as planned!), and what they would do differently in the future. We hope that by reflecting on this it will help organizations in their future work. Most importantly, we enjoyed hearing the enthusiasm about the projects and plan to share many of these stories over the coming months.

SMART & CARING: Most of the projects addressed the Foundation’s Smart & Caring priorities – Community Engagement, Getting Started and Food Security.

FUTURE AND THANKS: We are looking forward to reviewing more final reports for past years and will continue to report on our results.

And finally, our thanks to everyone who takes the time and effort to complete our final reports in such a thoughtful way. The effort you put into doing this is much appreciated.

Gayle Barr, Chair
Community Grants Committee



CFKA Joins National and Local Partners to Boost Local Canada 150 Celebrations

The Community Foundation for Kingston & Area (CFKA) helped boost local *Canada 150* celebrations in 2017 when it partnered with the City of Kingston and Community Foundations Canada to award grants to 13 local groups planning events and activities. A total of \$80,000 was granted.

“These projects were hugely successful and benefitted nearly 10,000 people in our community through a variety of programs and events,” says Tina Bailey, CFKA Executive Director.

The largest of the *Canada 150* grants was an \$11,800 award to *Loving Spoonful*, a local charity that works to achieve a healthy food-secure community by facilitating fresh food access, skill development, and community engagement in a collaborative, empowering and environmentally sustainable manner. *Loving Spoonful* used its grant money to help support its programs and to fund the making of a film about various events in which it was involved. The film – which won an award at this spring’s *Kingston Canadian Film Festival* –

“will be shared widely with the community in 2018, via Queen’s and local film festivals,” says Mara Shaw, Executive Director.

Among the other grantees were Kingston *WritersFest*, which received \$10,600 for its “Canada’s 150 Best Books” initiative and the *Kingston Artists’ Association* (KAA) which received \$10,000 to fund its “From Here and Beyond.” This series of art installations provided Indigenous elders and knowledge keepers with opportunities to tell stories and sing songs in Anishinaabemowin and Kanienke:ha (Anishinaabe and Mohawk languages). “The initiative provided an active, meaningful acknowledgement with the historical and ongoing presence of Indigenous peoples during Canada’s 150 celebrations,” says Stéfy McKnight, the KAA’s Interim President.

The complete list of recipients of the *Canada 150* grants can be found at <https://bit.ly/2K9jQ7B>.

Ken Cuthbertson

More Grants

Education and Literacy

Kingston Literacy & Skills, Helping Parents, Helping Children

\$7,006. A workshop series providing parents with practical learning and teaching techniques and information about community and digital resources.

Health & Social Services

Southern Frontenac Community Services, Commercial Kitchen Equipment

\$3,658. The purchase of a professional 10-quart mixer will improve efficiency and safety for staff and volunteers who produce 150 meals weekly for seniors and will facilitate expansion of the Hot Meals on Wheels program.

Resolve Counselling Services Canada, Clinics and Workshops

\$18,517. Funding for single-session walk-in counselling clinics and group workshops in Kingston, lifting the financial barrier and eliminating wait-lists that can be counterproductive to a client’s wellness needs.

Bereaved Families of Ontario, Services for Young Adults/Students

\$10,538. Bereavement services geared specifically to young adults aged 16-29 in the Kingston region and at local post-secondary institutions.

Recreation

Township of Central Frontenac, Community Centre Plan

\$2,597. A multi-stage business plan for a vibrant community recreation and cultural centre for the Township of Central Frontenac at the former Hinchinbrooke School is being developed.

Seniors Association Kingston Region, Establish Rideau Heights Location

\$11,012. A new location at the Rideau Heights Community Centre will offer a variety of courses and activities to exercise the body, stimulate the mind, and nourish the spirit.

Youth

Winter Warmth Program

\$12,000. Provides clothing and footwear to needy Kingston and area children. Needs are identified through the schools by youth workers and social workers.

Rural Frontenac Community Services, Let’s Get Drumming!

\$8,825. Children and youth use bucket drums to create sounds, rhythm, and songs. Free musical activities encourage rural youth to learn an instrument in a fun environment that promotes inclusion and creativity.

For additional information visit www.cfka.org/community-grants-program/

2017 Community Builder Award

On January 26, the Community Foundation honoured the first recipient of its Community Builder Award: Brigadier General (retired) Bill Richard. The engraved glass paperweight was commissioned by the Foundation from the locally-owned and operated Kingston Glass Studio and Gallery.

Sponsor of the 2017 Community Builder Award:
The Estate of Larry Gibson



Tina Bailey, Chris Chard, Brigadier General (retired) Bill Richard and Florence Campbell

Our Foundation Staff

Executive Director
Tina Bailey

Administrative Coordinator
Amanda Allan

Finance & Operations Coordinator
Mora Nicholls

Grants Coordinator
Lesley Rudy

Making Waves



The April 19 Volunteer Appreciation event. You make the Foundation!

Your Heads, Your Hands & Your Heart
“Use your heads, your hands and your heart to effect lasting change”, concluded Liz Weaver, Co-CEO of the Tamarack Institute and keynote speaker at our January Community Builder *Speaker Series*. She encouraged us to become engaged citizens in our own community and shared with us a five-step approach for collective impact.

30 Years of Giving in Canada
Imagine Canada and the *Rideau Hall Foundation* released *30 Years of Giving in Canada*, a comprehensive report of the giving behaviours of individual Canadians. The report is available online and gives great insight into who gives, how they give and why they give.

Welcome
To our many new volunteers. Bill Walsh and Roger Wilson have joined Governance; Thea Tidman has joined Fundraising; Sue Bates, Dale Dilamarter, Steve Knechtel, Alison Naimool and Virginia Perry have joined the Grants Committee. Many thanks to our outgoing committee members John Allan, Anita Davies, Lynlee George, Ellen Peters, and Robert Seaby.

Survey Says ...
We want to hear more about the IMPACT of grants.

Thank you to the over 150 people who responded to our survey to help us better understand how well we are communicating with you through our various publications.

Drumroll Please!
\$165,478 was awarded to fund 16 projects at our May 14 Community Grants Celebration.

Remembering Loved Ones...
We are grateful to have the opportunity to work with families to create legacy gifts for their loved ones. Recently, two funds were established for individuals who loved the outdoors. A bequest gift from Marion Attack established the Marion and Dan Attack Fund for the benefit of Cataraqui Region Conservation Authority and memorial donations for Gord Rodgers created the Gord Rodgers Memorial Fund in support of Cataraqui and K&P Trails.

Food Sharing Project
The Zal and Rose Fund continues to grow and help feed thousands of children. This year’s breakfasts raised nearly \$16,000 in support of The Food Sharing Project. Many thanks to Zoe and her teams at Chez Piggy and Pan Chanco for continuing this holiday tradition and also to those who came out to enjoy breakfast and support this annual fundraiser.

Busy Open House!
Thanks to all who stopped by for our February 14th Open House – what a great turnout.

Thank you
To the Queen’s PhD Community Initiative. We were thrilled to participate in this project which paired a multi-disciplinary team of PhD students with local groups to work on a community-based project.

Our team – Amir Mohamad (Computing), Marina Lohead (Biochemistry), Owen Ren (Mathematics & Statistics) and Tililope Adebola (Civil Engineering) conducted a survey looking at how well we are known within the Queen’s community and offered recommendations on how to increase Foundation awareness on campus.

“... much could be done to increase giving Finding ways to more effectively engage young people and new Canadians would be particularly beneficial.”

We’re on YourTV (no, really!)
COGECO subscribers can watch for broadcasts of our *Speaker Series* on YourTV. Also, watch for the Public Service Announcement they created for us. Big thanks to Curtis and his team.

Did you know?

The Community Foundation has:

- \$11 million dollars granted
- 340 local charities assisted
- 200 unique funds

Community Foundation
for Kingston & Area

Your community makes you
and you make your community!

Contact Us
275 Ontario Street – Suite #100, Kingston, Ontario, K7K 2X5
613.546.9696 info@cfka.org www.cfka.org

YES! I want to Support our Community Foundation for Kingston & Area

Through a

☐ One-time gift of \$ _____ A monthly gift of \$ _____ from _____ until _____

Apply my gift to

☐ Where it is needed most ☐ The Fund _____

Name: _____ Address: _____ Postal Code: _____

Phone: _____ E-mail: _____ ☐ Please add me to your e-mail distribution list

Name for Public Acknowledgement: _____ OR ☐ I wish to remain anonymous

Method of Payment: ☐ Cheque Payable to *Community Foundation for Kingston & Area* ☐ Credit Card ☐ Visa ☐ MasterCard

Card Number: _____ Expiry: _____ Signature: _____

Please Contact Me About:

☐ Setting up a Fund ☐ Making a donation of appreciated securities

☐ Including the Foundation in my estate planning ☐ I have included the Foundation in my will

A charitable receipt will be issued for your donation under Charitable Registration Number 89143 2395 RR0001. Thank you for your support!

Who We Are

The Community Foundation for Kingston & Area is a public charitable organization supported and run by citizens of Kingston and the area.

What We Do

The Foundation encourages individuals and organizations to establish and build permanent endowments and other funds from which worthwhile community projects are then supported.

Learn More

Learn more about Foundation activities and upcoming events by signing up for our monthly e-newsletter *Waves* at cfka.org or calling 613.546.9696

Get Involved

- Volunteer
- Attend an Event
- Join a Committee
- Start an Endowment Fund
- Donate