



Community Foundation
for Kingston & Area

Ripples

Your community makes you
and you make your community!

Issue Number 40, Fall 2017

Canada's 150th \$1.5 Million Smart & Caring Community Appeal

We've Raised \$1.1 Million to Date:
Help Us Reach Our Goal by the End of the Year!



CANADA 150



Former Governor General David Johnston being Smart & Caring.

A few years ago, the former Governor General of Canada challenged community foundations across Canada to make this country a nation of Smart & Caring communities. The Community Foundation for Kingston & Area took up his challenge locally by establishing a new fund: the 'Smart & Caring Community Fund.'

This undesignated fund will help the Foundation provide grants to a wide range of charities addressing identified priority needs – important community projects that cannot be funded by our designated funds. Current priority areas for funding are: *Getting Started in the Community*, *Food Security*, and *Community Engagement*. It is our hope that by targeting resources on a few identified priority areas, we will be able to help 'move the needle' on key issues in our community; now and as they may evolve over time.

For 2017, the Sesquicentennial of Canada's Confederation, we set out to build this fund to \$1.5 million. Thanks to the generosity of many people and companies, we have already reached \$1.1 million. With your help, we hope to reach our goal by the end of the year.

As a Foundation, we don't often engage in active fundraising campaigns; but we did this year to leave a special collective legacy birthday gift to our community - Canada's first capital. Help us reach our target by making a gift today.

Learn more about this special community appeal by visiting www.cfka.org/150-smart-caring-donors, calling 613.546.9696, or contacting our Executive Director Tina Bailey at tina@cfka.org.

A very special thank you to our generous Founding Smart & Caring Donors who have stepped up with a pledge of \$10,000 or more. (*Please see the Donor List on p. 4.*)

**Caring is what we do. Smart is how we do it.
Now and for years to come.**

Bequests Boost Our Community Grants Program

"I give and bequeath the sum of — to the Community Foundation for Kingston & Area, to be used for the general purpose of supporting the Foundation and for the following charitable purposes...."

The CFKA's flagship Community Grants program has received a huge boost thanks to substantial bequests from the estates of six well-known Kingstonians.

"These phenomenal gifts – from Audrey and Peter Scholes, Norma and Aaron Palmer, and Bob and Myrna Clark – create wonderful legacies that will benefit many organizations and projects in our community, now and going forward," says CFKA Executive Director Tina Bailey.

A \$1.5-million bequest from the estate of Audrey Scholes, who died in November 2016 at age 89, and her husband Peter, who predeceased her in 2007, is the largest-ever such gift given to the CFKA. Grants to be awarded from the Audrey and Peter Scholes Memorial Fund will support local projects that advance the arts – classical music in particular – and that provide support to worthwhile local causes, including various shelter, food, and clothing programs for low-income people; domestic abuse prevention initiatives; support for the families of inmates; and, services for Franco-Ontarians.

A \$1.1-million bequest from the estate of Norma and Aaron Palmer will launch a fund in the couple's name that also will lend support to worthwhile programs and community groups. In addition, \$100,000 of the money given by the Palmers will help establish a CFKA endowment fund to lend on-going support for Hospice Kingston's new Palliative Care Centre and Residential Hospice.

"These phenomenal gifts – from Audrey and Peter Scholes, Norma and Aaron Palmer, and Bob and Myrna Clark – create wonderful legacies that will benefit many organizations and projects in our community, now and going forward," says CFKA Executive Director Tina Bailey.

Like the Scholes and Palmers, Bob Clark and his wife Myrna, who predeceased him in 2013, were proud Kingstonians. Bob, a prominent local businessman who died in February 2016 at age 78, left \$250,000 to the CFKA.

The money will be used to create a memorial fund and to support the Foundation's Operating Endowment and Smart and Caring Community initiatives. Myrna also left a legacy gift to the Foundation when she passed away.

In eulogizing Aaron Palmer and praising the generosity of he and his wife Norma, one of the couple's good friends quoted a Hebrew proverb that advises when someone dies, we should not grieve, but rather be thankful that he or she has lived. That certainly can be said of the Palmers, and it can also be said of Audrey and Peter Scholes and Bob and Myrna Clark.

Ken Cuthbertson

Since 1995, the Foundation has granted nearly \$11 million to a wide variety of charities.

Grants

Projects Funded through the Community Grant Program Spring 2017

Children’s Mental Health

Kingston Community Health Centres, The Chill Zone

\$8,140. The Chill Zone Youth Space is an integrated youth-led project that provides a range of services and support for youth 14-19 years of age as part of the Napanee & Area Community Health Centre.

Queen’s Community Music, Sistema Kingston Year Three: 2017-18

\$6,000. This intensive after-school program focuses on positive social change through the pursuit of musical excellence, inspiring children to reach their full potential as individuals, musicians and citizens.

Community Development

Habitat for Humanity, Jimmy and Rosalynn Carter Work Project

\$9,827. As part of the Canada 150th, this project will see more than 150 homes built across Canada in partnership with hardworking local families to build better futures for them through this unique homeownership program.

H’art Centre, Young at H’art – Long Term Care Outreach

\$10,250. 14 weeks of high-quality arts programming for seniors with disabilities at three publicly-funded, long-term care homes in Kingston, developing a simple “one-stop arts programming” resource to ease demands on long-term care staff.

Kingston Municipal Non-Profit Housing Corporation, Inner Harbour Community Garden Collaborative

\$8,000. This project provides community engagement, pride, and collaboration, while promoting access to healthy food for the Inner Harbour residents through accessible garden beds.

Skeleton Park Arts Festival, Community Sing-a-Long

\$5,716. A collaborative sing-a-long project organized by professional musicians, the festival neighbourhood, and service providers, in order to help facilitate community integration for newcomers to Kingston.

St. Mark’s Lutheran Church, Basement Floor Covering

\$5,325. Replacing a carpeted floor with tile in the meeting space in St. Mark’s Lutheran Church ensures that the many community groups that utilize the building will have the use of a healthy, cleanable space.

Theatre with a Meal

\$6,500. Offering an opportunity for people to bring personal stories and experiences to the stage, our creative community produces and performs a weekly public show, served with a meal, building relationships and community.

Wolfe Island Community Medical Clinic, Community Garden

\$6,362. This expansion project will create a large garden space and support hands-on learning opportunities for local students, and engage seniors and community groups, to promote healthy eating and food literacy in Marysville.

Environment

Friends of Kingston Inner Harbour, Turtle Awareness Project

\$2,493. Over two weekends in June at Douglas R. Fluhrer Park, learn about this area’s turtles, perhaps see them laying eggs, and learn of the turtle’s importance in Indigenous cultures. Craft opportunities are provided for children.

...continued on page 5

President’s Message



our own little part of Ontario. Whether people give of their time or their money (or both) to the Community Foundation, a contribution is being made to help reduce that inequality and make this a caring & prosperous community.

And speaking of caring, at the urging of now former Governor General of Canada David Johnston, Community Foundations across Canada have taken on his ‘Smart & Caring’ challenge.

What an honour it is for me to be able to share a few thoughts with you in this edition of *Ripples*. Since getting involved with CFKA in 2014, I have been consistently awed by the spirit of giving and compassion in our community. Inequality is a societal problem globally, including right here in

The idea was to create a fund that would help support special projects in priority areas within the community. We at CFKA have embarked on that challenge to raise \$1.5 million by the end of 2017. As you will see in the article on page 1, we are doing great, and are just looking for that last little push before year end to reach our goal. I’m proud to say I am a ‘Founder’, and I hope many of you can be as well.

Finally, I would like to acknowledge someone who has been so generous to the Community Foundation. Gini Rosen has been the editor of *Ripples* since its inception twenty years ago. Forty issues is quite a run for any editor, and I am sad to say that this will be her last one. So please enjoy this ‘collector’s edition’ of *Ripples*, and if you see Gini out and about, give her a well-deserved pat on the back for all that she has done to make our community great.

Chris Chard

Vital Signs® 2017: Reviews are in!



Avid Vital Signs® readers.

“...a valuable resource for the community.”
“...wonderfully informative and directly useful.”

The Community Foundation for Kingston & Area released its 9th *Vital Signs*® community check-up October 2 at the Seniors Centre. This year, we were motivated to look at aging in our community when the 2016 Census results reported that those of us 65+ outnumbered children for the first time nationally.

In the Kingston area, we reached the point when seniors outnumbered children back in 2008. Kingston was ahead of the nation by some eight years.

A few years ago, one of the members of the *Vital Signs* Working Group suggested that we should ask the question – Are we dying well? End of life is the culmination of aging. It is a process that starts with our first breath, although we conventionally use the term aging to refer to our later years. That stimulated our first question: Are we aging well?

There are many more questions in this report. There are also data, stories, reflections, and photographs of seniors in our midst now. Our goal with this report is to stimulate some productive reflection about how we as individuals, families, communities, and governments can assure personal and collective well-being as we age.

Our follow-up questions:

- Are we planning well?
- Are we housed well?
- Are we healthy and well?
- Are we dying well?
- How well are we aging?

Answers can be found in *Vital Signs* 2017. It is available at www.cfka.org/downloadadvitalsigns2017. Paper copies can be picked up at the Foundation office.

Michael Bell

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Stark Family Fund 2017 Grant Recipients



The Stark Family Fund supports a broad spectrum of projects in Prince Edward County.

Trenton Memorial Hospital, Be Clear on Cancer

\$10,000. Supplies the regional cystoscopy clinic at Trenton Memorial Hospital with a video cystoscope used by the urologist to examine the bladder.

Easter Seals Ontario, Send A Kid to Camp

\$2,500. Children with disabilities attend camp providing an opportunity to establish independence, explore physical abilities through recreational and creative challenges, and develop friendships.

Rotary Club of Picton, Scholarships and Bursaries

\$5,750. Five \$1,000 awards for County high school graduates undertaking undergraduate programs away from Prince Edward County, and three \$250 bursaries to graduates attending Loyalist College.

County of Prince Edward Public Library, Maker Space Cinematics

\$1,796. To enhance Maker Space STEAM (Science, Technology, Engineering, Arts and Math) programming for area youth through the purchase of new equipment and software.

Children’s Mental Health Services, Acquisition of OTN system

\$10,000. The purchase of an Ontario Telemedicine Network (OTN) system for the Picton office will facilitate real-time secure audio-visual tele-conferencing for the purpose of psychiatric and psychological assessment for children and youth.

Prince Edward Learning Centre, Cooking Counts!

\$3,000. Provides cooking lessons (with an embedded math/literacy curriculum) to 30 learners 18+ with low literacy skills.

Food to Share, Food to Share Education

\$3,000. An educational component will complement the provision of nutritional meals made with fresh ingredients to food bank recipients in the County.

Prince Edward Fitness and Aquatic Centre, Low Impact Rehabilitation

\$4,243. Hydrobikes provide users a fun, invigorating and effective workout for physical therapy or aquatic spin classes. These bikes sit in the water which allows the user to have less weight on their lower joints.

Recreation Outreach Centre, Youth Entrepreneurship Success (YES)

\$9,000. Engaging and empowering youth ages 12-18 in Prince Edward County through 9 months of after-school and summer entrepreneurship programming at the PEC Youth Centre.

Quinte Children’s Foundation, Program Expansion

\$6,000. Continuing the expansion of Playing for Keeps and Reach for Success programs into Prince Edward County, motivating children in care to participate in extra-curricular activities and to continue their education.

Traditional Indigenous Medicine Education Program at the Museum of Health Care

Do you know that tobacco, sage, cedar and sweetgrass are the Four Sacred medicines used in smudging, the ceremonial burning of medicines? Smudging is an integral part of traditional Indigenous medicine of Haudenosaunee and Anishinaabe along with dances and drumming. Other plant-based medicines include strawberries, bearberries, dandelions, wild rice, natural foods and game.

This pilot project, funded by the Community Foundation for Kingston & Area, resulted in the development of a new traditional medicine resource program, enabling the Museum to respond to expressions of interest from the community including three local school boards and to facilitate building contacts with elders and advisors.

Museum staff, volunteers, Indigenous knowledge keepers and elders combined to offer one-hour educational workshops to more than eighty students in Grades 3 through 8 over a six-month period in 2016. That number is projected to double when the program runs full time.

The workshops included guest speakers and hands-on activities. Project Manager Jenny Stepa commented, “It has been my privilege to learn from local knowledge keepers. They have shared practices and wisdom with program participants and museum staff, making this program possible.” Feedback from participants, advisors and other stakeholders will be used to further develop this new resource.

Teacher Candidates from the Aboriginal Teacher Education Program at Queen’s University have created a Sacred Medicine Garden at Duncan McArthur Hall which is used as an educational tool and provides traditional medicines which are integral to traditional Indigenous medicine practices.

Linda Lysne



Educational Workshop on Traditional Medicines



Using music to deal with issues of mental health.

Musicalize Your Mental Health

The late great violinist and conductor Yehudi Menuhin said, “Music is a therapy. It is a communication far more powerful than words, far more immediate, far more efficient.”

The final report received from Skeleton Park Arts for their project *Musicalize Your Mental Health*, funded through the Foundation’s Community Grants program, shows the truth in his words.

Musicalize Your Mental Health taught at-risk youth how to use music to deal with issues of mental health and well-being. Song writing, drumming, group music-making and sessions with guest musicians were techniques used to talk about and teach participants ways to relax and to more understand what’s going on inside their bodies and minds.

Music was the medium for important and difficult discussions about self-image, drug use and identity. “They showed a willingness to challenge themselves, get along in new ways, and see how music can be a tool in their lives to gain more skills to cope with stress,” says project lead Richard Tyo. Participants had the opportunity to talk openly about what anxiety and depression looks like in their own lives and developed thoughts, breathing, emotions and behaviors to contribute to or help resolve these patterns. Learning to play the harmonica taught group participants not only a musical instrument but how relaxed deep breathing can assist them physically as well as emotionally.

Discussions developed about favourite music and what it can say about one’s identity and how it can be used to cope with stress. Program organizers hope that the program will be expanded and available to more youth in Kingston.

Jan MacDonald



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Bill Richard: Inaugural Community Builder Award Recipient

Brigadier General (retired) Bill Richard is the first winner of the CFKA’s Community Builder Award. The honour, inaugurated to recognize individuals or groups that make significant positive change in our community, was established as a memorial to the late Geoff Sandiford, who served as Foundation president in 2014.



Anonymous

Like Geoff, Bill Richard has undertaken leadership roles in countless initiatives and organizations. He spent 15 years in Kingston during his military career. In retirement, he and his wife, Shirlene, live near Gananoque.

During his term as Base Commander, Richard worked tirelessly to bring the military and local communities together, and when the federal government was reconsidering the base’s future, he initiated a task force that developed a joint City-CFB Kingston plan that significantly reduced the base’s operational costs. Post-retirement, Richard has served as a member of the strategic planning group Focus Kingston, as a member and Chair of the Board at Kingston General Hospital.

True to his military roots, Richard is passionate about the health and welfare of serving Armed Forces personnel, veterans, and their families. As a result,

he was a co-founder of the Canadian Institute for Military and Veteran Health Research at Queen’s University. He also has served on KEDCO and United Way committees, as an adjunct professor at Queen’s and Fellow of the Centre for International and Defence Policy, and in a wide range of other local and national volunteer capacities.

Richard will receive his award, including \$1,000 to be directed to a charity of his choosing, at the Foundation’s first 2018 speaker series luncheon on January 26. At that time, General (retired) Walter Natynczyk, former Chief of Defence Staff, Canadian Forces, and current Deputy Minister, Veteran Affairs Canada, has been invited to speak about re-integrating veterans and their families into civilian life.

Here in Kingston, Bill Richard stands as a shining example of the significant role that retired soldiers can and do play in their communities when they share their time and skills. The CFKA thanks him for his selfless efforts.

Merv Daub

Now that’s Community Collaboration — And a Heck-of-a-lot-of Fun!



Yara Chard, Boia & Hahn

Kingston send-off of Connected by Canoe journey.

It all started with an email from a stranger:

“Dear Tina:

Bit of an odd one this... a bit of a shaggy ~~dog~~ canoe story....”

The Canadian Canoe Museum was organizing a Sesquicentennial canoe journey from Kingston to Ottawa to demonstrate the potential that canoes have for building community. The arrival in Ottawa was timed to occur during the national conference of Community Foundations of Canada. Sixteen diverse paddlers – young, old, Indigenous, non-Indigenous – would reach out to communities along the route.

Could CFKA give them a send-off from Canada’s first capital? Too good to turn down, but not on my to-do list. How could I make it happen?

I reached out to the Marine Museum of the Great Lakes, and to David Casson, a local rowing enthusiast, who in turn contacted several paddling groups: the Cataraqui Canoe Club, 1000 Islands Kayaking Company, Limestone Boat and Board Club, Trailhead, and the Sydenham Lake Canoe Club.

We had an event! A group of over 20 local paddlers – and the Coast Guard – accompanied a 16 passenger Voyageur canoe in a paddle around Kingston’s Inner Harbour before exchanging formal greetings in a reception at The River Mill, which included the Town Crier and the Mayor.

Oh – and I had the incredible pleasure of being one of the paddlers in the big Voyageur canoe. What fun! It was an amazing experience: a true demonstration of community spirit and collaboration. I am so proud of my community.

Tina Bailey

We Welcome New Foundation Funds

- > Canta Arya School for Strings – Notes for Life
- > Darkspark Fund
- > The Brook Catherine Doseger Endowment Fund
- > Hospice Kingston Fund
- > Kingston Field Naturalists – Marion Webb Fund
- > Kingston Field Naturalists – Environmental Protection Fund
- > Loving Spoonful Fund
- > Aaron and Norma Palmer Endowment Fund
- > David C. Riley Fund
- > The Audrey and Peter Scholes Memorial Fund
- > K-Town Tri Legacy Fund
- > The Spire Capital and Development Fund
- > 175th Anniversary Kingston City Police Bursary Fund
- > Valerie Robertson Women in Theatre Fund
- > Robert W. Clark Endowment Fund



Doseger Family

Brook Catherine Doseger

More Grants

Projects Funded through the Community Grant Program Spring 2017

Environment

Wolfe Island Friends of Ferals, Trap, Neuter, Release Program

\$4,000. The immediate focus is on humane management of the island’s large feral cat population through a program of live trapping, spaying, neutering, rabies vaccinating and releasing ferals back to their colonies.

Health & Social Services

Canadian Families and Corrections Network, Forgotten Families

\$3,000. A 25th anniversary celebration weekend of events including organizational training, family food and fun, and Elmo from Sesame Street, open to all families and organizations.

New Leaf Link (NeLL), Seasonal Cookery from NeLL to Home

\$6,500. Facilitating disabled participants’ self-advocacy and cooking skills using adapted technologies and coaching to promote healthy food choices, tap local food sources, and generate a repertoire of recipes and cooking strategies.

YMCA of Kingston, Y’s Healthy Lungs Pilot Program

\$4,800. Providing post-hospital care through a newly developed wellness and exercise program, catering to people suffering from Cardio Obstructive Pulmonary Disorder and identified by Providence Care’s Respiratory Rehabilitation Clinic.

Heritage Preservation

Clarendon & Miller Community Archives, Historic Tours of North Frontenac Township

\$10,672. The *Guidebook* to be produced by Clarendon & Miller Community Archives, Historic Tours of North Frontenac, will introduce travelers to the rich heritage of the historic and present hamlets of North Frontenac.

2017 Village of Barriefield Dry Stone Festival

\$4,000. The dry stone walls of historic St. Mark’s Anglican Church, built in 1844, will be restored by wallers from Canada, U.S. and U.K. September 30 - October 1. Free dry stone activities, displays, events, and a children’s workshop, will be held.

Youth

Boys and Girls Club of Kingston & Area, Grandparents Program

\$25,250. Matching children from the after-school program with senior volunteers, providing children with a positive adult role model and mentor, and increasing volunteer opportunities and breaking the cycle of isolation for local seniors.

Camp Outlook Internship Trips

\$4,623. Helping young people develop their inner strength, self-worth, and capacity to succeed, committed volunteer staff help youth build physical and social skills and succeed in a wilderness environment.

Kingston Community Health Centres, Pathways to Education, Go FAR Together

\$16,442. In partnership with SLC and Queen’s University, helps post-secondary youth navigate social, financial and academic challenges. Coaches, advocates, and peer mentors help resolve issues and identify opportunities for success.

Kingston Scouts to Canadian Jamboree

\$4,619. Fourteen youth from the 1st Kingston West Scouts are travelling to the Canadian Jamboree at Camp Nedooae, Nova Scotia, where they will meet people from across Canada and the world at a camp with over 10,000 in attendance.

Twenty Years at the Helm of *Ripples*

As this fortieth edition of *Ripples* will be my last as Chair/Editor, it seemed appropriate to reminisce a bit. Issue # 1 (December 1997) came out in the first year of the Foundation which was also the historic first year of the newly amalgamated City of Kingston, and our major grant that year went to ‘First Night Kingston.’

In his inaugural article for *Ripples*, President Michael Davies and his wife Elaine announced a \$250,000 matching fund donation to the Foundation and explained “that we named our publication *Ripples* because it describes the Community Foundation concept – individuals making ripples that soon become waves. Every gift makes a difference. No ripple is too modest and no wave too big.”

Flipping through each issue over the years brought back wonderful memories. It is clear that the paper has served not only as our semi-annual ‘Report to the Community’ but as a record of our progress written in real time. For example, skipping ahead five years to November 2002, we featured “Our Band of Angels” – nine honourees who truly represented the hundreds of ‘Angels’ who had helped CFKA lift off and soar. And over the next five years we proudly chronicled big things like The Hip concert *Over the Causeway*, the Foundation’s tenth anniversary, and the fact that by then we had granted over \$1.5 million.

The Ringmaster on page one of the May 2012 issue recapped the fabulous fundraiser *Under the Big Top* which netted almost \$300,000 and led to

the formation of the Food First Fund to support food programs in our area. And during the last five years we have reported on an exponential growth in assets, grants (over \$10 million in total to date), recognition, and value added to the community.

“Flipping through each issue over the years brought back wonderful memories. It is clear that the paper has served not only as our semi-annual ‘Report to the Community’ but as a record of our progress written in real time.”

The editorial teams who have brought this about, affectionately called *Ripplers*, have all been engaged, talented and enthusiastic for which I thank all of them. I am very proud to have been associated with the Foundation during these years and to have had a platform such as *Ripples* to share it all with you the readers.

Gini Rosen



Our Editor Gini with the first and current issues.

Making Waves



2017 Spring Grants Celebration.

Farewell Board Members
Thanks to Greg Fisher, Linda Lysne, Kelly Wiley and Chrystal Wilson for their years of significant service.

Honorary Life Member
Congratulations to Greg Fisher for being appointed an Honorary Life Member. He is in good company.

Changes to the Board of Directors
CHRIS CHARD has assumed the role of President, replacing Michael Bell, who remains as Past-President. We are also pleased to announce the addition of **RICHARD KIZELL** and the welcome return of **GEORGE THOMSON**. The Board provides leadership for carrying out the Foundation’s mission to strengthen our community.

Ripples Changes Chair
Thanks to Gini Rosen for twenty years of leadership. Our ‘Report to the Community’ is now in the capable hands of Michael Bell - in addition to all his other responsibilities.

Welcome New Committee Members
FINANCE: Shak Elshakankiry and Richard Kizell;
FIRST CAPITAL COMMUNITY LOAN PROGRAM: Shak Elshakankiry;
FUNDRAISING: Richard Kizell, Bryce Parisotto and James Robins;
GRANTS: Moira Browne, Patty Devlin, Julia Laidlaw and Dave Wyatt;
MARKETING & COMMUNICATION: Kathleen McGregor, Meaghan Quinn and Jessica Schonewille;

PERSONNEL: Anita Jack-Davies and George Thomson;
GOVERNANCE: Peggy Large, Bill Walsh and Rob Wood.
We appreciate all volunteers for lending their time and expertise to the Foundation.

Zal & Rose Yanovsky Breakfasts have raised over \$359,500 since 2004. \$130,000 has been donated to The Food Sharing Project which means almost a million healthy and nutritious snacks and meals to school children in Kingston & Area.

The 2017 Zal & Rose Breakfasts will be held on **Tuesday, December 12 at Chez Piggy** 613.549.7673 and **Wednesday December, 13 at Pan Chanco** 613.544.7790. *Please make your reservations directly to the place of choice.*

Cyber Security – How to Protect Your Organization
Thanks to Chrystal Wilson for helping us arrange a special seminar on cyber security with leading tech lawyer George Takach of McCarthy Tetrault. Local charities and small businesses came out to learn about the issues. Please see our Oct 19 blog www.cfka.org/cybersecurity for a summary.

Food First Fund
Did you know that this unique fund has granted \$62,200 since 2012 to 43 different organizations and local food security programs? As half of all gifts are endowed and half are distributed, this program should be operational indefinitely.

Community Grants Celebration
Join us as we award our latest grants to a variety of local charities. **Monday, December 11, 4:00 pm – 6:00 pm at The Spire** at Sydenham Street United Church, 82 Sydenham St.

Speaker Series
Help us celebrate our Inaugural Community Builder award recipient Brigadier General (retired) Bill Richard and hear from guest speaker General (retired) Walter Tatynczyk, Deputy Minister Veteran Affairs. **Friday, January 26, 11:45 am – 1:30 pm** at Residence Inn by Marriott. Tickets are \$50 and include a buffet lunch and \$25 charitable receipt. Information and tickets available at www.cfka.org or by calling 613.546.9696.

We Want To Hear From You!
We’re conducting an anonymous survey to help us better understand our readers, and what and how you want to hear from us. Please take our short survey on-line www.cfka.org/survey2017 or call 613.546.9696 to request a paper copy. We value your feedback.

WE’RE MOVING!
The Community Foundation will be moving to a new home in the new year! Our new space will allow us to better serve our community now and in the years ahead.

Watch for details on our website and through our *e-newsletter* soon...



Community Foundation
for Kingston & Area

Your community makes you
and you make your community!

Contact Us
165 Ontario Street, Suite #6, Kingston, Ontario, K7L 2Y6
613.546.9696 info@cfka.org www.cfka.org



YES! I want to Support our Community Foundation for Kingston & Area

Through a

☐ One-time gift of \$ _____ A monthly gift of \$ _____ from _____ until _____

Apply my gift to

☐ Where it is needed most ☐ Smart & Caring Community Fund ☐ The _____ Fund

Name: _____ Address: _____ Postal Code: _____

Phone: _____ E-mail: _____ ☐ Please add me to your e-mail distribution list

Name for Public Acknowledgement: _____ OR ☐ I wish to remain anonymous

Method of Payment: ☐ Cheque Payable to Community Foundation for Kingston & Area ☐ Visa ☐ MasterCard

Card Number: _____ Expiration Date: _____ Signature: _____

Please Contact Me About:

☐ Setting up a Fund ☐ Making a donation of appreciated securities

☐ Including the Foundation in my estate planning ☐ I have included the Foundation in my will

A charitable receipt will be issued for your donation under Charitable Registration Number 89143 2395 RR0001. Thank you for your support!

Who We Are

The Community Foundation for Kingston & Area is a public charitable organization supported and run by citizens of Kingston and the area.

What We Do

The Foundation encourages individuals and organizations to establish and build permanent endowments and other funds from which worthwhile community projects are then supported.

Get Involved

Volunteer
Attend an event
Join a committee
Start an endowment fund & donate
#youmakeyourcommunity

Learn More

Learn more about Foundation activities and upcoming events by signing up for our monthly e-newsletter *Waves* at cfka.org or calling 613.546.9696