

Ripples Your community makes you and you make your community!

Issue Number 38, Fall 2016

Act Fast! A Special Granting Opportunity to Recognize Canada's 150th







COMMUNITY FOUNDATIONS OF CANADA



The Community Foundation for Kingston & Area is excited to offer a one-time only granting opportunity for Kingston charities. The Community Fund for Canada's 150th is a collaborative effort led by Community Foundations of Canada, seeded by the Government of Canada, and matched and delivered locally by the City of Kingston and the Foundation for a total of \$80,000.

The Fund will support local projects to mark the 150th anniversary of Confederation. Do you have or can you devise a project to inspire a deeper understanding about the local people, places, and events that have shaped our country and our community? Can you propose a project to contribute to a vibrant and healthy community with broad engagement of Kingstonians? Reconciliation with the local Indigenous community? Demonstrate Kingston's rich cultural diversity? Youth innovation? Official language minorities? The possibilities are limited only by your imagination! This is your chance to get a qualifying project funded up to a maximum of \$15,000.

ELIGIBILITY REQUIREMENTS:

- Projects must take place in the City of Kingston.
- Applicants must be a registered charity (or be sponsored by a registered charity).
- Applicants must match the amount of the grant request with in-kind or cash contributions.

DEADLINE: Applications will be accepted until December 22, 2016 at 4:30 pm and must be submitted on-line through Community Foundations of Canada's on-line portal. Full details and the on-line application can be found on the CFC website at *www.communityfoundations.ca/cfc150/*

We are pleased to be one of the 128 communities taking part in this special granting program, which will fund thousands of projects coast to coast.

Another Smart & Caring opportunity!



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Focus on Grants

Kingston 4 Paws Service Dogs



Since receiving our generous grants from the Community Foundation for Kingston & Area, Kingston 4 Paws Service Dogs expanded its 2016-2017 programs by acquiring six new Labrador Retriever puppies. You may already have seen Nova, Charlie, Juno, Gibson, Stella or Ranger out on the streets of Kingston in their blue puppy-in-training jackets with their dedicated volunteer puppy raisers. When you do, please stop and say hello! The puppies and their handlers need and appreciate your support. We expect to add another six dogs this coming winter and spring, including two more standard poodles.

K4Paws also welcomed four new people to our waiting list for a Service Dog during this period. They are from Kingston, Napanee, Battersea and Amherstview. We presently have more than ten other applications being considered. K4Paws has also commenced the process of developing an on-line handler training manual with accompanying self-testing modules. This project is in process. We plan on using this material to supplement our hands-on training of recipients and their families. "K4Paws also welcomed four new people to our waiting list for a Service Dog during this period.
They are from Kingston, Napanee, Battersea and Amherstview.
We presently have more than ten other applications being considered."

We believe this will allow us to maintain our 24 month delivery of Service Dogs to our clients and will provide them with ongoing and updated reference material.

> Robert Glenny, Administrator, K4 Paws



CFKA Executive Director Tina Bailey presents a cheque for \$20,000 to the local Refugee Relief Fund at the "Refugee Voices from Around the World" at the Kingston library June 21st, a World Refugee Day event.

Funding for this grant was made possible through Community Foundation of Canada's Welcome Fund for Syrian Refugees. The Foundation's \$20,000 contribution was added to the \$33,000 raised by the community to date.

Funds in the Refugee Relief Fund, administered by the United Way, are allocated through an application process. Applications for emergency funding of up to \$2,000 per family are invited, and allocated on a priority basis by a review committee.

The Foundation's funds are targeted to support the immediate needs of Government Assisted Refugees (GARs) arriving from Syria as they settle into and make Kingston home. As GARs have been identified as the most vulnerable refugee group, it is anticipated that this group will have many needs which fall outside the federal funding which supports basic resettlement services. Kingston is expected to welcome 120 GARs by the end of March 2017, in addition to the 70+ privately sponsored refugees who have arrived to date. Funding from the Welcome Fund will go a long way to help them!

Tina Bailey

Since 1995, the Foundation has granted over \$9.5 million, including more than \$2 million to over 320 local charities through our Community Grants program

Grants

Projects Funded through the Community Grant Program Spring 2016

Arts & Culture

Kingston Symphony Association, Share the Music

\$4,000 Share the Music provides children and their families, who otherwise could not afford it, the opportunity to attend a Kingston Symphony Family Concert.

Kingston Artists' Association, Arts & Autonomy

\$2,502 In Modern Fuel's Arts & Autonomy Speaker Series, artists discuss the self-representation of precarious and marginalized communities, while considering the role of art in engaging with social justice issues.

Children's Mental Health

Pathways for Children and Youth, **Suicide Prevention**

\$29,198 A collaborative of youth serving agencies working together to help youth who may feel suicidal using the evidencebased programs "ASSiST" and "Safetalk".

Kingston Community Health Centres, The Chill Zone

\$9,500 The Chill Zone Youth Space is an integrated youth-led project that provides a range of services for youth 14-19 years of age.

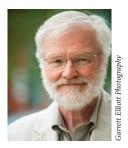
Queen's Community Music, Sistema Kingston \$10,000 Sistema Kingston is an intensive afterschool music program focusing on positive social change through the pursuit of musical excellence, to inspire children to reach their full potential.

Skeleton Park Arts, Musicalize Your Mental Health **\$5,277** *Musicalize Your Mental Health* uses music as a metaphor for mental health. At-risk youth build skills in music, collaboration, proactive mental health strategies, and song-writing.

YMCA, Child/Youth Mental Health Training Program

\$1,866 The Child and Youth Mental Health Training Program provides training to our child care and camping staff to ensure adequate support for children and youth attending YMCA programs.

From the President



The autumn issue of *Ripples* comes on the heels of the release of the Foundation's Vital Signs® community check-up. The summer is a busy time for the Vital Signs team as you will read elsewhere. The Governance, Personnel, Investment and Executive Committees also

have been busy since the last *Ripples*. It is of paramount importance that the Foundation's governance is effective. That is more than just a few board meetings each year. Changing legislation and regulations require the Foundation to keep its policies and practices up-to-date.

Changes in policy and practice generally require the approval of the Governance Committee. Its membership includes informed individuals from the community, as well as board members, and is intended to review and approve policies and nominations to the CFKA committees as required. There has been a lot of work for the Governance Committee in recent months. The committee reviewed and commented on the

A Vital Report

proposed Investment Policy in joint meetings with the Executive Committee: final Board approval took place at the October Board meeting. Almost concurrently with the review of the Investment Policy, the Personnel Committee proposed revisions to existing policies and some new policies: the Foundation's Human Resources, Information Technology Usage and Discrimination, Harassment and Workplace Violence Prevention Policies, approved at the October Board meeting, are now updated. While the Executive Committee oversees the process, the heavy lifting, reviewing and critiquing drafts, is done by the Governance Committee.

I am using my little space this issue of Ripples to highlight some aspects of the work the Foundation does to ensure that it maintains the highest level of accountability and transparency. This quiet work in the background by volunteers provides the basis for the stewardship of the funds the Foundation manages on behalf of donors, some of whom are featured on pages 3-4, and the grants that it provides to build community in Kingston and area.

Michael Bell



What goes into the preparation, issue and launch of Vital Signs®?

The Vital Signs 2016 project started in mid-winter by identifying key subject areas and authors. Advisory Committee then suggested additional authors who could provide complementary material.

Content came together during June and July. We met with contributors to gain further understandings of what they do and discuss their draft articles. Brutal editing reduced wording to fit the six available pages within The Kingston Whig-Standard. Keynote speakers for the Vital Signs Launch event were invited and arrangements made with the venue. Materials for the media and our own presentation were prepared.

Some forty individuals contributed to authoring, reviewing, designing and launching Vital Signs. It was a large team supported by the Foundation's staff. Key project roles were performed by:

- MICHAEL BELL, PROJECT LEADER guided the preparation of content, wrote key articles and content;
- **GEORGE WRIGHT, PROJECT MANAGER** kept the activities on schedule, worked with authors on content and prepared the Dashboard;
- TINA BAILEY undertook all contractual arrangements and provided leads for content and assistance;

Kingston Community Health Centres, Youth Drop In Centre

\$7,889 The Youth Hub is a positive, safe, supportive space where youth can access community supports and engage in meaningful conversations and activities with staff and each other.

Joe Chithalen Memorial Musical Instrument Lending Library

\$3,529 Musical instruments are provided to participants of the Sistema Kingston intensive after-school music program that embraces the five principles of the successful Venezuelan El Sistema model.

Community Development

H'art Centre, Deaf Theatre Collective

\$3,000 The Deaf Theatre Collective is developing a play about a deaf family raising hearing children, with support of a professional deaf actor/playwright and ASL translator.

Food Policy Council for KFL&A, Food Matters

\$565 An educational networking forum enhances knowledge and engages community members about food security, orienting 70 people to existing efforts and increasing mobilization around local food security.

Education & Literacy

Museum of Health Care, **Traditional Indigenous Medicine**

\$4,451 The education program Traditional Indigenous Medicine of the Haudenosaunee and Anishinaabe aims to instill recognition, knowledge and respect for local Indigenous medicine and culture.

Kingston Literacy Skills, Early Literacy Strategy

\$1,952 Let's Read! Early Literacy Strategy supports children's early language and literacy development by providing information to parents, picture books to take home, and key messages from health professionals.

We "launched" on Tuesday, October 4 at the Discovery Centre of Fort Henry with Diane Longboat, Elder, Centre for Addictions and Mental Health and Norm Taylor, President, Global Network for Community Safety as our keynote speakers. Norm discussed the KFL&A Community Risk Watch model and Diane described the challenges and successes with implementing a Sweat Lodge at CAMH in Toronto to provide enhanced Indigenous healing ceremonies as part of clients' treatment plans and for CAMH's staff members.

The Foundation Team as of November 07, 2016

Tina Bailey

Office Staff

Executive Director

Administrative

Coordinator

Board of Directors President Michael Bell

Vice-President Chris Chard **Past President**

Greg Fisher Treasurer Jonathan Warren

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George Wright

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Gayle Barr Donna Grieve

Rebecca Cowan Linda Lysne **Finance & Operations** Coordinator Mora Chatterson

Grants Coordinator Lesley Rudy

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Jerry Brens Yara Chard Deanna Davies Morgan Davis **Kim Philipps**

Nominations Advisory Representatives Past President, CFKA, Chair Chamber of Commerce City of Kingston

- YARA CHARD with her interests in communications, drafted our media release, provided photographs for Vital Signs and assisted the media at our Launch;
- **PAUL ELSEY** prepared content on kindergarten education and on Food Security;
- ANDREW SILVER with his academic interests in sociology, dug into mental health issues and assisted with the statistics for the Dashboard;
- ADVISORY COMMITTEE provided guidance on direction, content and reviews of the designed Vital Signs.

See Vital Signs 2016 at www.bmdodo.net/flipbook/vitalsigns.

George Wright

County of Lennox and Addington Loyalist Township **Kingston Frontenac** Public Library Queen's University St. Lawrence College The Kingston Whig-Standard Personnel

County of Frontenac

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Vital Signs® Working Group Michael Bell, Chair George Wright, Project Manager Yara Chard Paul Elsley Andrew Silver

Investment Advisor

Legal Counsel

The Grants Committee in a Nutshell...

The Community Grants Committee is comprised of a dedicated group of volunteers who use their talents to review applications submitted to the Foundation by community agencies and groups and to recommend projects for funding.

DIVERSITY is a key component in all we do. Committee members represent a mix of experience, expertise and interests. Grant applications come from a wide variety of organizations and agencies working to meet identified social and economic needs and to enrich the quality of life in our community.

RESPECT runs through all we do: respect for donors for their generosity and vision by working to select high quality, effective projects; respect for applicants for their initiative and fields of work by being open to their varied proposals, considering them carefully and maintaining confidentiality throughout the process.

FAIRNESS is essential in our work. This work provides all members with a wonderful opportunity to help our community thrive in a multitude of ways through the selection of worthwhile projects. As one committee member expressed it, the work can seem daunting at times, since we usually have far more strong and engaging applications than we have money to fund. We strive to be as objective and fair as possible when making recommendations.

In summary, it is an honour to see first-hand the many facets of community engagement that make up a picture of our thriving community and the creativity, innovation and dedication of agencies and groups working in all aspects of community development in Kingston & Area.

Gayle Barr and Catherine Gold

The Gift of a Lifetime



Helene Pratt speaks with humour now about the early days when her first late husband*, Willie, was hired to develop Amherstview - an empty field. "There I was, with two babies and no other home in sight." Willie's very successful development, Riverwood Homes, soon changed the picture.

When he was diagnosed with cancer, Helene, a community volunteer from age 11, encouraged him to devote energy to youth activities. For ten happy years, he was involved in youth hockey, baseball and golf, and was an active Rotarian. Helene has carried on his legacy of generosity: "Willie and the property he developed gave me the ability to give back to the community."

Helene, as our first Foundation Grants Chair, well understood CFKA's value. When her financial advisor suggested she leave the residue of her Registered Retirement Savings Plan (RRSP) to the Foundation as an estate planning strategy (a gift offsetting final income tax), she was excited.

Helene is pleased to have directed 75% of her gift to the Community Fund for general granting, and the remainder to support the Symphony Director's Chair.

"People don't realize that one can absolutely streamline bequests. That idea was a big attraction for me." We can work with you to determine the type of fund you would like to establish with your gift to the Foundation.

*Helene's second husband, Andy Koval, passed away in 2016.

Florence Campbell and Eveline Flint

More Grants

Kingston Indigenous Language Nest, **Reclaiming Our Stories**

\$15,407 Reclaiming Our Stories to Build Community is an initiative by the Kingston Indigenous Language Nest to train volunteers to make digital stories, sharing knowledge, languages, traditions, and cultural practices.

Kingston Indigenous Language Nest

\$2,500 Dozens of print, audio and digital resources supporting Indigenous language and cultural revitalization will be available through library loans at the Kingston Frontenac Public Library.

Health & Social Services

Kingston 4 Paws Service Dogs, **Expansion Program**

\$7,500 K4PSD trains and places service dogs with local individuals living with physical and mental challenges, providing physical assistance, a sense of safety and independence.

Kingston 4 Paws Service Dogs, **Training and Testing**

\$5,250 Completion of the Service Dog Recipient Training Manual and Self-Test Modules will assist in maintaining expected waiting times for people in need of a service dog.

New Leaf Link, Arts & the Self in Community

\$8,620 The New Leaf Link Arts program helps disabled participants forge new friendships, expand interests, and build communityengagement skills, and encourages public awareness of the abilities of vulnerable adults.

Cataraqui Region Conservation Authority, **Building Local Food Capacity**

\$9,083 An existing cold storage facility at the Cataraqui Region Conservation Authority will be improved so that it is available for local producers and charities to store their produce in the fall and winter.

Heritage Preservation

Kingston Historical Society, Kingston in Pictures \$500 The Kingston Historical Society is sponsoring a book, Kingston in 150 Pictures, celebrating Canada's 150th birthday by showing 150 objects which have been part of Kingston's history.

Community Grants at Work

Big Brothers Big Sisters

Are you an empty nester or an early retiree looking for a way to make a difference in our community? Or perhaps you are just looking for a way to give back to your community and you enjoy working with kids. The Seniors to Youth Engagement Project (SYEP) is a new initiative through Big Brothers Big Sisters Kingston, Frontenac, Lennox and Addington for those aged 45 or older to become a mentor through sharing experiences and serving as a positive role model. Big Brothers Big Sisters received a CFKA Community Grant in fall 2015 to launch this project, which is now well underway.

Energetic middle-aged persons or seniors can bring their life experiences to a relationship with a little brother or sister aged 6-16 through weekly meetings during the school year and beyond. In-school and community-based opportunities are also available. Mentoring positions in group programs are also available. Interested persons are screened and trained by BBBS before being matched with a child, then receive ongoing support as needed. While BBBS shares various event tickets as well as Y memberships and other activities, each mentor-mentee will discover their own shared interests, just as Candice and Rebecca, and Stan and Bradley have done.

"Being a senior mentor with Big Brothers Big Sisters provides me with satisfaction at knowing that my efforts can make a difference to the life of a child."

Candice writes, "My name is Candice and I am 54 years old. My little sister is Rebecca, who is 13 years old. I decided to become a senior mentor with the Big Brothers Big Sisters organization because at this stage of my life I have a lot more to offer. I also have very fond memories of being a big sister to Sara when I was in my twenties and living in the Niagara Falls region. I believe that I have more to offer Rebecca than I would have in my younger years, more life experience, more hobbies, more time and best of all, more patience and understanding. It is absolutely a huge thrill for me to watch Rebecca as she experiences something new for the first time, whether it is having a certain type of food or snorkeling. Her wonder and joy thrill me more than I can say. Although Rebecca and I have only been matched for a very short time, I look forward to all the future adventures we will have together. She has very quickly become a very bright light in my life."



Big Sister Candice and Little Sister Rebecca.

Stan is also a senior mentor. He relates that "I have had the honour and pleasure to be actively involved as a mentor to my little brother, Bradley, a 13 year old boy. We meet at least once a week and are involved in both social and outdoor physical activities. I would like to share an uplifting experience when Bradley and I gave a helping hand to an elderly neighbor in need.

One morning, Bradley and I took my dog, Trinket, for a walk around my neighbourhood. We stopped to say hello to my elderly neighbor, Henry, who is a retired army officer and Korean War veteran. He expressed concern about the condition of his rotting deck, which had become a safety hazard. Bradley and I volunteered to demolish the old structure and construct a new one. Over the course of the following week, we worked together successfully to help out someone in need.

The experience also helped to solidify the bond between my little brother and me. We were both proud of our accomplishment and all three of us found the experience uplifting and rewarding. Being a senior mentor with Big Brothers Big Sisters provides me with satisfaction at knowing that my efforts can make a difference to the life of a child."

Adults aged 45 and older who are interested in this program can contact the offices of Big Brothers Big Sisters KFLA by telephone at 613.544.1621 or by visiting the website at www.bigbrothersbigsisterskingston.com.

Linda Lysne

Testimonials were submitted to Peter Cory, Executive Director of Big Brothers Big Sisters KFLA

Marine Museum, Community Heritage Connection

\$2,350 The Community Heritage Connection project offers students of all ages in the Kingston area the chance to connect with their local heritage through hands-on, curriculum-based learning.

Recreation

Boys and Girls Club, Girls Running Club

\$5,000 The Girls Only Running Club coaches young girls between the ages of 9-12 about the importance of personal goals, physical fitness and mental wellness.

Able Sail Kingston, Setting Sail

\$13,000 Able Sail Kingston is expanding its capacity to serve persons with disabilities, including blind sailors, frail seniors, and people requiring a caregiver while they sail.

MusicMates, Music and Movement Summer Camp \$3,000 MusicMates offers an affordable summer program for teens and adults with special needs and provides professional staff and licensed personal support workers for participants.

Youth

Four Directions, Aboriginal Youth Camp \$8,761 The Four Directions Aboriginal Student Centre provides a free summer camp in North Kingston for Aboriginal Youth, focusing on social and cultural development to promote life skills.

Camp Outlook, Leadership Trip

\$5,705 Camp Outlook's free backcountry canoe trips for Kingston area youth provide a chance to build skills and experience the responsibilities of leadership in the wilderness.

PeaceQuest, Hands United for Peace

\$1,917 Hands United for Peace engages school children in learning about peace-building through art, music, discussion and performance.

Michael Robinson and the Dr. Samuel S. Robinson Charitable Foundation



Dr. Samuel S. Robinson

own "medicare" system long before it was government instituted: more often than not, his services were gratis.

Since its inception

in 1981, five years

before the death

of the benefactor,

the Dr. Samuel S.

has distributed

Robinson Charitable

Foundation (SRCF)

millions of dollars

Kingston. This would

to institutions in

please Dr. Sam

(as he was known)

because he had his

The Community Foundation has been one of the many fortunate recipients. Michael Robinson, a SRCF trustee, says that CFKA is always on the list because the Robinson trustees admire the uniqueness of the institution and the specific projects within it. They have a high regard for our local volunteers and the staff leadership, confident that we do a great job of vetting applications: if we approve a grant, our decision is based on known facts.

A successful arrangement has recently been made between the two Foundations: our staff grants coordinator, Lesley Rudy, reviews approved grant applications and selects those that fit the priorities of the Robinson Foundation. Those priorities include providing for people - and in particular for children - in need. This process also allows the trustees to be exposed to smaller and lesser known projects that would otherwise go unnoticed. This SRCF commitment not only guarantees that the needy group will be funded up to \$10K, but frees that amount from the Community Fund for other causes.

This relationship has been ongoing, year after year, since 2012. Michael says this is because by CFKA pointing out the various needs, SRCF becomes "connected to the worth of it." That connectedness is a win-win for both Foundations.

Michael personally supports CFKA, as an example by attending and donating to the Rose & Zal Breakfast Fund since its inception. He says the work of that group is incredible.

Gini Rosen

Donor List

We are pleased to publish the names of those donors who have contributed over \$100 from November 1, 2015 through October 1, 2016

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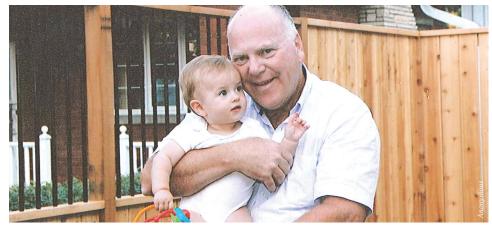
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Why We Give



One of Michael Greenwood's reasons for giving.

Michael and Mary Ellen Greenwood believe in the power of hard work and education and giving back to their community to make it strong. Bearance's, a family grocery store since 1918, hosts a street party every year which cements the "looking out for one another" concept of the neighborhood.

Michael has served on the CFKA Grants Committee as well as serving on the CFKA board. Although he has not been active with CFKA for 10 years, he still understands the concept of endowments and supports it whole heartedly. He says that monthly donations are the key for the longevity of the donors and their continued support.

Virginia Gordon

Hospitals, Queen's & the Military: A Donor's Heritage

Donor Pat Addy may be seen as a quintessential 'Kingstonian', whose grandmother and parents were born and grew up in Kingston. Educated in Kingston, Pat's work path, spanning 38 years on the administrative staff of Queen's University, took a different turn to that of her mother and sister who both graduated from the KGH School of Nursing, in 1933 and 1965 respectively. Her father served in the Canadian Army Signal Corps.

Hospitals, Queen's and the Military all covered under one family roof! What could be more Kingstonian or more conducive to becoming a supporter of the Community Foundation?

Introduced in October 2009 to then Executive Director, Vikram Varma, Pat says he made the germ of an idea seem plausible; her Working Dogs Fund was soon established, to which she adds annually. The recipient of the annual fund income is the Lions Foundation of Canada Dog Guides, with a focus selected by Pat in support of autistic children and service assistance to those over 10 years of age with physical and mental disabilities. Among other tasks, the dogs open and close doors, retrieve objects and activate alarms. Her cumulative granting since starting in 2011 is \$12,585.19.

Fully conversant with the notion of tailored giving to fit the donor, Pat is considering moving forward to include an additional group and another income recipient, supported by an increased annual deposit to her fund.

We salute Pat and the many generous members of our community who supported us as we embarked on the now 20 year plus adventure of bringing the Community Foundation movement to our town.

*Deceased

G Giving Circle Members

We gratefully acknowledge the contributions and commitments of all our donors and thank them for their continued support. **Eveline Flint**

Developing Our Future Community Leaders

The Honourable John Gerretsen immigrated to Canada from The Netherlands with his parents at 12 years of age. Educated in Kingston, he entered public service in 1972, and has served his community ever since: City Councillor, Mayor, then provincial politician and cabinet minister for almost 20 years until his retirement in 2014.



These years of public policy leadership helped shape his views of critical needs in our community, so when friends organized a tribute dinner upon his retirement, he wanted the \$25,000 raised used for youth leadership development support. The Foundation was chosen to administer an endowment fund John says "because of its reputation for solid financial stewardship and expertise in grant-making."

John's philosophy is that young people are the future leaders of our society and often need a little bit of extra financial help to develop leadership skills. Leadership training fosters a sense of self-esteem and independent thinking.

If we don't start young people thinking independently at an early age, it will be much harder for them to develop such skills later in life.

His advice to young people: Follow your dreams, be yourself, don't follow the crowd, treat others the way you want to be treated. Leadership is about recognizing other opinions. Never downgrade another person's ideas – they may be more workable than your own. Build bridges and consensus among different groups. Ask yourself: Is what I am doing contributing to my own welfare and that of others?

JOHN GERRETSEN YOUTH LEADERSHIP AWARD, established at the Foundation with gifts from many donors, grants up to \$2,000 per year to support the leadership development of one or more students in Grades 9 – 12. Applications are invited from any fulltime student at an English or French Public or Catholic Secondary School within the boundaries of Kingston and the Islands. For more information, students can ask their guidance counsellors, or contact office of the Director of Education of either the ALCDSB at 613.354.6257 ext. 448; or the LDSB 613.544.6925 ext 235.

Florence Campbell

Howard Blair Shaw

Making Waves

Welcome New Staff

Drop in and say hello to our two new staff members:



BECKY COWAN joins the team as Administrative Coordinator bringing to the position a wealth of experience in communications, policing and business management.

MORA CHATTERSON, our new

Finance & Operations Coordinator, recently relocated to Kingston and has over 20 years of finance and accounting experience.

Welcome to the Board

CFKA welcomes three new board members:



PETER FINNEGAN is Vice President and Branch Manager of the Kingston office of BMO Nesbitt Burns. He has over 25 years of financial service experience and has held many volunteer positions including the United Way and Providence Care.





GEORGE WRIGHT, although new to the Board, has contributed greatly to CFKA through his work on the *Vital Signs*[®] Report over the last three years. He recently retired from CGI Group as an Executive Management Consultant.

Queen's Distinguished Service Awards

Congratulations to Bob Pritchard and Ken Cuthbertson, CFKA volunteers, for recently receiving Queen's Distinguished Service Awards.

Social Media is A-Buzz

Our social media feeds are buzzing with news and excitement! Like our Facebook & Twitter pages for up-to-date announcements on what we're doing, where we're going, events to attend & upcoming granting opportunities.

Giving Tuesday

November 29th is National Giving Day dedicated to giving or volunteering. Join other Canadians by supporting your favourite charity.



The Foundation will be glad to help direct your gift on Giving Tuesday.

Please Join Us...

Speaker Series

Basic Income Guarantee: Building a Better Income Security System for Canada Toni Pickard, Hugh Segal and George Thomson will discuss three important projects being led by local residents that are focused on major reform of our income security system.

Monday, December 5th, Residence Inn by Marriott at 11:45am - 1:30pm. Tickets are \$50 and include a buffet lunch and charitable receipt for a portion of the ticket cost.

Zal & Rose Breakfast

Mark December 13th or 14th on your calendar – be sure to call for a reservation at either Chez Piggy (13th) or Pan Chancho (14th) to enjoy a delicious breakfast and donate to this worthy fund.

Community Grants Celebration

The Fall 2016 Community Grants Celebration will be held on Wednesday December 14th from 4:00 - 6:00 pm at the Seniors Centre, 56 Francis Street. Please join us for the excitement. RSVP.

The Terry Harris Endowment Fund – "Five Bucks and a Vision"



The Terry Harris Endowment Fund, created in 2011, has grown to over \$18,000 through the commitment of Terry and Dawn Harris.

The fund, which supports local projects helping families of prisoners or those impacted by incarceration, began with "five bucks and a vision", Two fundraising events have been held to date. The most recent which took place on August 31st at The Discovery Centre was attended by nearly 80 people and over \$4,000 was raised.

Dawn Harris shared these remarks: "Thanks to being in partnership with the Community Foundation, our fund is pooled with others so that we get a better investment and higher return. We have already seen the evidence that we are making a difference, now we just want to grow the fund so we can do more next year and the year after. We have found a tangible way to create a lasting legacy to support something that is dear to our hearts. You can too. We encourage you to find that passion that keeps you up at night and follow it beyond your lifetime. Create a legacy that keeps on giving to the next generation."

Terry and Dawn Harris found a tangible way to create a lasting legacy to support something that is dear to their hearts.



Community Foundation for Kingston & Area

Your community makes you and you make your community!

Contact Us

165 Ontario Street, Suite #6, Kingston, Ontario, K7L 2Y6 613.546.9696 info@cfka.org www.cfka.org

www.facebook.com/CFKingstonArea

@CFKingstonArea

www.lindkedin.com/company/communityfoundation-for-kingswton-&-area

according to Terry.

A stint with the John Howard Society opened his eyes to the experience of coping with the stigma of incarceration. With assistance from the Foundation, the Fund was created to provide a wider variety of opportunities to restore dignity and hope, to educate the public on issues faced by families of those incarcerated, to provide assistance for social, academic and job opportunities for those affected, and to support prisoners and their families as they reintegrate.

Contact the Foundation to discuss your passion or your pledge!

Jan MacDonald

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YES! I want to	Support o	ur Community	Foundation	for Kingston	& Area

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One-time gift of \$	_ A monthly gift of \$ from until
Apply my gift to Where it is needed most Smart & Caring Community Fund	The Fund
Name:	Address:
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E-mail:	Please add me to your e-mail distribution list
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Please Contact Me About:	

Setting up a Fund

- Including the Foundation in my estate planning
- Making a donation of appreciated securities
- I have included the Foundation in my will

A charitable receipt will be issued for your donation under Charitable Registration Number 89143 2395 RR0001. Thank you for your support!

For further information on any of the topics dealt with in this issue of *Ripples*, please call the Foundation office at 613.546.9696 or e-mail info@cfka.org

Who We Are

The Community Foundation for Kingston & Area is a public charitable organization supported and run by citizens of Kingston and the area.

What We Do

The Foundation encourages individuals and organizations to establish and build permanent endowments and other funds from which worthwhile community projects are then supported.

Get Involved

Volunteer Attend an event Join a committee Start an endowment fund Donate

#youmakeyourcommunity

Learn More

Learn more about Foundation activities and upcoming events by signing up for our monthly e-newsletter *Waves* at cfka.org or calling 613.546.9696