

Ripples



Community Foundation
for Kingston & Area

Report to the Community

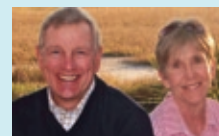
Issue Number 27, Fall 2010

In this issue

Second Vital Signs® report released. Community Foundation important part of the team



See the Annual Donor's list plus read about the \$88,422 in grants CFKA is giving out this fall



The "Empire" strikes back! Read how one local company directs its charitable funding to this area



Foundation Issues Second Vital Signs® Report

Community Foundation for Kingston & Area launched Kingston & Area's Vital Signs® 2010 on October 5. This report describes eleven aspects of life in our community by means of statistical indicators. One issue highlighted in the report is the lack of adequate housing for people with modest or low incomes. Kingston rents are high, some available housing from private landlords is of poor quality and there are over 1,000 households on Kingston's Social Housing Registry.

Other issues include the difficulty of finding good employment both for well-educated immigrants and for youth, which can have negative long-term impacts. Obesity is a growing concern. On the positive side, Kingston's economy seems to be doing well compared to the rest of Ontario, youth smoking is decreasing, and crime rates continue to be relatively low.

One important change this year was the inclusion of representatives of The Social Planning Council, Focus Kingston, and the United Way on the Steering Committee for the report. People from other organizations (Kingston Police, Immigrant Services Kingston and Area, KFL&A Public Health among them) also contributed information.

A well-attended launch event heard from Community Foundation speakers and also from Jim de Hoop (City of Kingston) on housing, Michael Harris (KEYS) on immigrants and youth, Colin Wiginton (City of Kingston) on the Community Cultural Plan, and Linda Whitfield (Focus Kingston) on Sustainable Kingston.

The report appeared as a section in the Whig-Standard on October 5. It is also available in booklet form from the Foundation or on the web at www.cfka.org/content/vital-signs-2010/. As we would like as many replies as possible, we encourage you to complete the survey at the back of the Vital Signs® Report, either by tearing it out of the report or completing it electronically: www.cfka.org/content/vital-signs-2010-survey.

Dan Norman



Joining Forces at Vital Signs®: From left to right Jim de Hoop, Michael Harris, Dan Norman, Colin Wiginton and Linda Whitfield.

Today's Context for Community Foundation Leadership

There is a saying that once you have seen one community foundation you have seen one community foundation. On the face of it, this seems like a rather amusing and simplistic statement. But it is a statement that actually contains some significant truths.

The first is that it reminds us of what every community foundation has learned throughout its lifetime: context matters. The demographics, economic structure, the work of nonprofits and the demand for philanthropic dollars from various sources are all part of that. But so too is the history of the community, its roots, its past. We so often forget that each of our communities has its own story and that precious story is an asset upon which the community foundation can build.

The second truth is that every community foundation also understands that, while it is acting in a context, it is also acting at a certain moment in time. Community foundations have good noses for timing: they know when the community is ready for an initiative, when there is a genuine openness to partnerships, when an event, happy or sad, demands a community response.

So context and timing matter a lot. And even though they are likely different from one community to the next and each community foundation will, develop in its own environment, there are also some features that bind community foundations in Canada together as a movement. Of course, our fund development and granting are always central.

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Since 1995, CFKA has awarded 800 Community Grants totalling \$1,967,050, distributed \$851,843 from other endowment funds and \$3,217,752 from flow-through funds.



Community Foundation for Kingston & Area

Who are we?

The Community Foundation for Kingston & Area (the CFKA or the "Foundation") is a public charitable institution supported and run by citizens of Kingston and the area.

What do we do?

The Foundation encourages individuals and organizations to establish and build permanent endowments and other funds from which worthwhile community projects are then supported.

How do we do it?

The funds from our donors are held in permanent endowments which are invested. The income earned is used to make grants to worthy causes of all kinds whose projects enhance and strengthen the quality of life in Kingston and the area.

Where do I get more information?

Contact the Foundation office at 613 546 9696, see the web site at www.cfka.org, email us at foundation@cfka.org and/or mail us (or drop in) at 165 Ontario Street, Kingston, Ontario K7L 2Y6.

Message from the President



Bernard Clark

I am delighted to bring greetings to our avid readers on behalf of our Board of Directors. As the new president, this is my first opportunity to update you on our activities.

As you all know, our Foundation works hard to bring together donors and Kingston-area charitable organizations, all committed to improving our quality of life. We reach beyond fund management and grant-making to provide the latest information on philanthropy and on issues our community is confronting.

We have been delighted in recent months with the response to the complimentary seminars we've offered featuring highly-qualified professionals on Charities Law; Structuring your Will and Estate Planning; and Leveraging Your Charitable Gift. Watch our monthly e-newsletter for additional events; and do let us know of subjects about which you would like to learn more as you plan your community giving. There is also much to be learned from the diverse speakers featured in our popular Breakfast Series.

If you missed the Whig-Standard, October 5 supplement highlighting results of our Vital Signs® 2010 report (summarized by Dan Norman, Project Coordinator, in this issue), a copy may be obtained from our office. A national community foundation initiative, this community report card highlights areas where we are doing well, and those where we need to 'pull up our socks.' The report deepens our Board's knowledge of community issues, provides an opportunity for us to partner with other organizations to produce the report, and results in a more meaningful, coordinated impact.

A robust strategic planning process engaged board members throughout the summer and resulted in a plan that will guide our activities in the next three years. It's exciting to be part of a worthy organization in a community recognized as one of the three best places to live in Canada, and a privilege to lead an exceptional team of volunteers who are passionate about the Foundation. We'll do our best to provide our donors and grant-seeking organizations with the assistance you require as we work together to build a caring, healthy and culturally rich community.

Florence Campbell

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From the Desk of the Executive Director

In the past year we've been focusing on improving our communications with the objective of informing more people about the Foundation and the great work that we do. One initiative is the Community Foundation Breakfast Series. This year we have had three speakers - well known local author Lawrence Scanlan, former Prime Minister Paul Martin and Dr. Charles Tator, a world renowned neurosurgeon - talk about issues that affect our community. The response has been fantastic and many people have come to know about CFKA and the work that we do through these breakfasts.

A second initiative that what we hope will become a regular event as well, is a series of seminars on Charitable Giving and Estate Planning, delivered by experts in the field from local legal and accounting firms. If you did not attend these seminars, the presentations are available for download from our website. If you have any ideas for seminars, workshops or topics that you feel may be interesting, please let me know.

The continued popularity and comments about *Ripples* prompted us to think about a more frequent method of informing our stakeholders about Foundation news. It made sense to look at an electronic means of delivering content, and in April we launched our e-newsletter to highlight some of the funds at the Foundation and to allow some of the local organizations to tell you more about themselves.

...Today's Context

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But we have learned that we are more than grant makers. We have become knowledge hubs in our communities, trusted in an era when trust is low. We are welcomed as a bridge in building partnerships because of the networks we are part of. We also are providing leadership. And when we are at our best, we do all our work in a collaborative way, understanding that there is no way any one organization or system can tackle what our communities need on its own.

We have featured articles by the Poverty Roundtable, the Andy Fund, Almost Home, the United Way, the Boys & Girls Club and Community Response to Neighbourhood Concerns (CRNC) Wintergreen Studios, Rotary, The Land Conservancy for Kingston, Frontenac Lennox & Addington to name a few. All of these organizations either have funds at the Foundation and/or have been recipients of community grants in the past.

As Executive Director of the Foundation, one of my great pleasures is working with the many volunteers that help out at the Foundation. Several of them are named in our committee listing, but we often get people that stop by when they have time, roll their sleeves up and tackle whatever tasks we have at hand, people like John Suart & Anthea Morse. John came by in January this year and helped me set up the newsletter, creating the format and content for the first newsletter, and giving the office staff a quick lesson on how to use the software used to deliver the newsletter. Anthea stopped by the office during her summer vacation and helped us update our email lists and correct some of the addresses we had. Thanks to both of them!

Link up with our Facebook site to receive updates or sign up for our e-newsletter by dropping me a line at vikram@cfka.org.

Vikram Varma

Community foundations are learning from their own past and present. They are learning from each other (in Canada and around the world) and they are learning from you - those who live and have identity in community. You are the ones who will shape the future of this vibrant and thriving network - forever.

**Monica Patton, President and CEO,
Community Foundations of Canada**



Bernard Clark

Making Our Community Safer: Let's Stop Concussions in Sports!

Dr. Charles Tator spoke at our last Breakfast Series at the Donald Gordon Centre on October 28th. Dr. Tator has had a significant impact on spinal cord injury research, prevention and treatment, and on training the next generation of leading surgical scientists. He developed the first acute spinal cord injury unit in Canada and he is known for the introduction of halo vests for treatment.

The breadth of Dr. Tator's influence is perhaps best manifested by his work in injury prevention, particularly related to sports and recreation. His advocacy efforts have resulted in the adoption of new legislation and guidelines to prevent spinal cord injuries in hockey. In 1992 he founded Think First Canada, an organization that educates our youth about safety in sports. He is also recognized for his role in educating players, coaches and parents about concussion management. He says that targeted injury prevention programs have proved successful in reducing catastrophic injury... resulting in a



Bernard Clark

69% reduction in spinal cord injury among hockey players since 2001. These are statistics we cannot ignore!

We are all concerned about the health and well-being of our young athletes and we welcome Dr. Tator's initiatives and advocacy which has resulted in raising our consciousness about the steps we must take to protect the community's young people engaged in sport.

Diane Kelly

Donors: We gratefully acknowledge the contributions and commitments of all our donors and thank them for their continued support. We are pleased to publish the names of those donors who have contributed over \$100 between October 1, 2009 through September 30, 2010.

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*deceased

Empire Life: A Corporate Donor Friend



Bernard Clark

Empire Life CEO and president, Les Herr (centre) is flanked by predecessors Chris McIlvaine, to his right, and Doug Hogeboom, to his left. CFKA president, Florence Campbell and Foundation Executive Director Vikram Varma, join in the photo at a recent meeting where Empire's longstanding support for the Community Foundation was recalled.

"Charities in larger cities have many head offices to draw on for support," says Les Herr, president and CEO of Empire Life, "but as perhaps the only national company with its head office in Kingston, we feel a special obligation to direct most of our charitable funding to this area."

"Their generosity maximizes our ability to build endowments for the benefit of our community – I call them our 'enablers.'"

Empire Life is proud to be an *Imagine Caring Company*, investing at least 1% of annual pre-tax profits in the community, through charitable donations, employee volunteerism, in-kind contributions and community sponsorships – no surprise to us at the Community Foundation. Throughout our 15-year history, we have benefited from Empire's generous support, including early donations of a critically important, initial unrestricted gift of \$15,000, and a three-year rent-free, partially furnished office suite. Free parking, on-call IT advice and use of the boardroom for monthly meetings was part of the arrangement.

Then president and CEO, Chris McIlvaine, commented, "This donation is just another way of showing our continued support for this wonderful philanthropic endeavour." Chris served as an early board member, and when he retired both from our board and the company, his interest in the Foundation continued under the next Empire Life president and CEO, Douglas Hogeboom.

Last year, with current president and CEO, Les Herr at the helm, Empire's ongoing donations included partial underwriting of our Community Foundation's first Vital Signs® for Kingston & Area report (a Community Foundation of Canada initiative), which revealed some local areas of concern, notably that 20% of Kingston children live in poverty.

Vital Signs®, as it happens, provides feedback on areas of special interest to Empire Life, such as homelessness, health, and childhood poverty. The company has undertaken multi-year commitments to the local hospital campaign and is actively involved in education initiatives. Les Herr is particularly excited about Empire's participation in the *Pathways to Education Program*, originating in Toronto and now functioning in 11 Ontario communities, with remarkable results he believes could positively impact concerns identified by Vital Signs® in the Kingston area.

"Opportunities, as simple as bus fare to get to school, are available to children participating in *Pathways to Education*," says Les. "Regretfully, I was unable to accept the Foundation's invitation to describe this exciting program at the October 5th public release of the 2010 Vital Signs® report. We are already beginning to see the impact of a solid education and improved employment opportunities for all our young people in areas such as Toronto where the program has been in force for some time."

A feature of the Kingston plan will be coaching and tutoring by students and

retired teachers from RMC, Queen's University and St. Lawrence College. In 1999 when our staff moved into the Empire Life headquarters, then Executive Director, Katherine Manley, alluded to the tremendous support of Empire Life and other Kingston businesses, stating, "Their generosity maximizes our ability to build endowments for the benefit of our community – I call them our 'enablers.'"

Three CEO's on, the Community Foundation is still the beneficiary of Empire Life's philanthropic generosity.

Eveline Flint

The McCart's Choose a "Painless" Way to Give



Courtesy of McCart family

The Community Foundation prides itself on helping donors tailor their gifts and goals. David and Cathy McCart, relatively new Kingstonians but veteran philanthropists, have chosen a route that may appeal to others. "We didn't want our gift commitment to stretch out," says David, "so we set it up with a regular payment from Visa over 18 months."

Guided by Foundation life member, Virginia Gordon's persuasive skills, the McCarts chose the Operating Endowment for their fund, income from which pays regular expenses, such as the office rent.

David came across the monthly contribution method many years ago when he purchased Canada Savings Bonds on a monthly basis. Rather than coming up with a lump sum he spread his contributions over a 12-month period. In the same way, David believes that donors can leverage their gifts over a period of months. For example, a \$10,000

contribution to the CFKA over a period of 5 years equates to a monthly gift of \$167.00 per month! For many, this fits within one's budget better than a onetime gift of \$10,000.

The McCarts purchased their home in Kingston in 2005, and have grown to love the community. "We are here to stay," says David, who travels regularly as a major gifts and planned giving consultant for Trinity College School, Port Hope. "Both Cathy and I are great believers in the Community Foundation, and although my term is finished on a Foundation committee, we will continue talking about CFKA to friends."

We at the Foundation appreciate David and Cathy's willingness to share their giving choice with other donors, as David says, a very personal decision. Their gift, like those of all our donors to our group of endowed funds, impacts the life of our community on a daily basis.

Eveline Flint

Strengthening our Community

The mission of the Foundation is to strengthen our community. One way we do this is through grant-making: for projects in the environment, in education and literacy, in community development, in heritage, in health, in social services, in arts and culture, and in our young people. Applications for new and innovative projects are assessed twice a year by the Grants Review Committee, a group of dedicated volunteers with a broad knowledge of the community.

Grants are financed from a number of sources. The largest source is the Community Fund.

This is an endowed fund which is composed of many smaller, named funds, and is the most flexible fund for granting. Monies have been given with no restriction other than to enhance the community through programs run by non-profit organizations. Other funds support areas of interest to the donors such as music, literacy or the environment, etc. These are Field of Interest funds, and an example is the Ontario Endowment for Children and Youth in Recreation (OECYR) Fund which reduces barriers to recreation for young people in the community.

The Ruth and Stu Barton Environmental Fund provides grants for environmental initiatives. And there are many others.

Donor-advised funds also respond to donor interests, and these donors are usually involved closely in the granting process. The Grants Review Committee assesses the proposals and sends several applications to the donors for final decisions. For example, the Alcan Fund grants to projects for youth in North Kingston; and a new fund, The Assante Financial Management-Fenlon Division Endowment Fund, supports many varied projects. We are also pleased to partner

again with the Sunnyside Foundation for Children, whose grants go to programs that maintain the mental health and well-being of children.

Without the donors who are committed to making Kingston and area a better place to live and work, the Grants Review Committee would not have the chance to learn about and fund the innovative ideas and projects of groups in Kingston who strive to make this a vital city. And, with the Community Fund, donors are able to ensure that Kingston remains an active community.

Marilyn Banting

Arts & Culture

Kingston Choral Society, Choral-Brass Commission & Premiere Assante

\$1,000. The grant will provide a commission fee and a contribution to expenses for the composition, premiere, and encouragement of future performances of “Two Spring Flower Songs” for chorus and brass by award-winning Kingston composer John Palmer. The work will be premiered on May 6 2011 by the Kingston Choral Society and BrassWerks, and the scores will be made available to the public.

Katarokwi Native Friendship Centre, Katarokwi Cultural Project Community Fund, Richard Moorehouse Fund

\$4,000. Katarokwi Cultural Project will enhance the cultural and traditional knowledge of participants of the Anishnabe community in the greater Kingston area. This project will involve youth and their families in cultural activities such as drum making, regalia making, native dancing and drumming, and organizing social events. The project would also involve native teachings and traditions such as full moon ceremonies, change of season ceremonies, traditional feasts, pipe ceremonies, sweat lodges, etc.

Kingston Grenadiers Drum & Bugle Corps, New Look for 2011 Community Fund

\$3,000. Kingston Grenadiers Drum & Bugle Corps are entering their 52nd year, and are Canada's only competitive Drum & Bugle Corps.

This grant will help upgrade our unique yellow uniforms with a new look. The Kingston Grenadiers Drum & Bugle Corps provides the opportunity for amateur musicians to learn and enhance their skills. Our organization is a year round activity for over 100 members, and the new uniforms will provide a boost to them.

Modern Fuel Artist-Run Centre, Vapours Concert Series 2010-11 Community Fund

\$1,500. Vapours is a series of experimental music concerts, presented by Modern Fuel in partnership with CFRC, Kingston's community radio station, as well as local music promoters Tone Deaf. In this unique concert series we match regional sound artists and musicians with high-calibre national artists and encourage the matched groups to improvise and create new work together during their performances.

The Kingston Melos Society, Debut of the Melos Chamber Orchestra Community Fund, Mrs. Rupert Davies Fund

\$2,000. The Kingston Melos Society, in promoting historically informed performance practice in Kingston, is presenting the debut concert of the Melos Chamber Orchestra. This group has performed with the Melos Choir since 2009, and wishes to undertake authentic performances of Baroque, Renaissance and Classical instrumental works.

Historically-informed performances of orchestral music have not been available in Kingston by local groups up to now.

Education & Literacy

Limestone Learning Foundation, The Hinchinbrooke School of Rock, Roll, and Record Community Fund

\$2,000. Students at Hinchinbrook PS will expand and enhance their existing very successful “School of Rock” music program with the addition of new instruments and video recording equipment to begin production of student-produced music videos. Since its inception in early 2008, this innovative music program has grown in numbers of participants and now includes a sound recording component to produce original student compositions.

Limestone Learning Foundation, Frontenac Family Wind Farm Marion Meyer Opportunity Fund

\$775. The Frontenac Family Wind Farm (inspired by the Wolfe Island Wind Farm) is a joint project involving Grade 9 students from Frontenac SS and Grade 7 students from the Frontenac family of elementary schools. Based on their own research, the Grade 9 students will lead workshops for the elementary classes as they design, build, and test propellers, turbines, and towers to maximize electrical output and light a miniature building.

Frontenac County Schools Museum Association, Theme Events Package Elisabeth Heney Fund, Whig-Standard Literacy Fund

\$1,000. Our Schools Museum is preparing an exciting package of 10 special events for community and school groups.

Each event will feature age-appropriate active work, accurate portrayal of the theme, usually involving music, drama, visual art work, and regular school subjects. One example is a MAD HATTER'S TEA PARTY with volunteers portraying Alice and the Mad Hatter, displays of Lewis Carrol books and other materials to arouse interest in this important book.

Queen's University – CFRC Radio: Radio Free School Marion Meyer Opportunity Fund

\$1,000. The Radio Free School offered by CFRC, Kingston's volunteer-powered alternative radio station, is an opportunity for Kingston community members of all ages, backgrounds and experience levels to engage with radio as a medium for self-expression, through a day-long series of hands-on workshops and provocative discussions addressing different aspects of radio production, audio electronics and the social impacts of community broadcasting.

Environment

Limestone Learning Foundation, Harvesting House – Sustainable Living Project

Cameron and Laurie Thompson Fund,
Marion Meyer Opportunity Fund,
Barton Environmental Fund

\$2,500. The “Harvesting House”, Canada's first student-built energy net zero home, will serve as the base for an interactive education centre for elementary and secondary students of two school boards, post-secondary students, and the community as a whole.

Focus on Grants

The project will also use traveling interactive workshops, engaging audiences with presentations, hands-on workshops, experiments, displays, and games on sustainable living through “green innovations”.

Limestone Learning Foundation, Solar Cruiser Assante

\$1,500. Students in the Manufacturing Technology program at LaSalle SS will modify and adapt a donated, commercially-available electric wheelchair/scooter to operate using solar power as its energy source. Students will research, design and implement the systems and mechanical modifications necessary to convert a wheelchair/scooter from household current charging to a solar powered 25 volt DC system.

Health & Social Services

Martha's Table Community Program Inc., Martha's Table Kitchen Upgrade Assante

\$2,500. In 2009, Martha's Table served just under 32,000 meals to those in need in Kingston. In order to extend the life of our commercial stove fans and grill, we will have our grill cleaned and repaired with this grant. We will also have our range vents and fans cleaned to ensure the safety of our volunteers and our facility.

Home Base Housing, COTS – Client Outcome Tracking System Richard Moorehouse Fund

\$2,500. The Client Outcome Tracking System (COTS) is a data and record management software tool that facilitates an improved understanding of the profiles of their service users, the services provided, and the outcomes achieved in the homeless population. COTS is used by front-line workers to more effectively manage their caseloads and by management to review trends and make effective operating decisions.

ALS Society of Ontario, ALS Equipment Replenishment Program Community Fund

\$4,000. Amyotrophic Lateral Sclerosis (ALS) is a terminal illness which devastates families physically, emotionally, and financially. As the illness progresses, equipment costs can be in excess of \$140,000 per client. The ALS Society of Ontario is committed to providing needed equipment to Kingston ALS clients,

allowing them to continue to lead active lifestyles with dignity as long as possible in their own homes.

Talking about Mental Illness, Talking about Mental Illness Sunnyside Children's Foundation

\$5,000. Talking about Mental Illness is an educational awareness program hosted by local secondary schools. Secondary school students receive the opportunity to hear the stories of community members who have experienced mental illness. The program also provides information about local mental health-related resources providing support and help to youth coping with their own or a family member or friend's mental illness.

Canadian National Institute for the Blind, CNIB Enabling Literacy for People with Low Vision

Richard Moorehouse Fund,
Cameron and Laurie Thompson Fund

\$2,000. When someone loses their vision, they become functionally illiterate. Using the Clearview Plus 22" CCTV purchased with this grant, CNIB Specialists in Kingston can train more people on how to use this piece of equipment and their residual vision so they can regain their literacy skills and independently read and write in their own homes.

Loving Spoonful, Grow a Row Kingston

Barton Environmental Fund,
Environmental Legacy Fund,
Community Fund

\$3,000. This grant will expand the capacity of Loving Spoonful's Grow a Row campaign by: 1. purchasing two bike trailers for volunteers to use to transport donated food in a more environmentally friendly manner. 2. purchasing equipment for our community kitchen where surplus donated food will be preserved and shared with emergency meal providers. 3. producing a Community Kitchen resource guide that will include methods and recipes.

Kingston Community Health Centres – Better Beginnings for Kingston Children, Prenatal Nutrition Program Alcan

\$3,600. The Prenatal Nutrition Program delivered at Better Beginnings for Kingston Children provides milk coupons, prenatal vitamins, and the Good Food Box and encourages participation in our educational and support programs. The program will increase access to more

nutritious foods for a vulnerable, high-needs population, improve the health and nutrition of expectant mothers and children, reduce the incidence of low birth weight, and promote healthy eating.

Good Food Box Kingston Area, The Good Food Box Goes On! Community Fund

\$1578. (Third instalment of a three-year grant). This grant instalment will pay for the design of a logo for the Good Food Box, for several hand-stamps with that logo, and for labels. The logo will be stamped on the donated boxes which are used to pack the food, and the labels will be put on the t-shirt bags the Good Food Box uses to pack fruits and vegetables, to identify the contents as coming from the Good Food Box.

Heritage Preservation

Lower Burial Ground Restoration Society, Restoration of Perimeter Wall of Lower Burial Ground (1799) Douglas Brenton Fell Memorial Fund, Chown Fund, Community Fund

\$4,000. The Lower Burial Ground Restoration Society is dedicated to restoring and preserving the oldest burial ground west of Montreal (1783), its monuments, markers and the stone perimeter wall. The wall, built by F.X. Rocheleau in 1799, is the only part remaining of a three-sided enclosure and is probably the second oldest stone structure remaining in Kingston. If the wall is not rescued soon, it will be beyond saving.

Museum of Health Care at Kingston, Restoration of 1937 Iron Lung Respirator Community Fund

\$1,600. The Canadian Conservation Institute (CCI) has accepted for restoration treatment a treasure of local and national significance found in the collections of the Museum of Health Care: the last surviving example of the 1937 emergency run of “iron lung” tank respirators produced in the workshops of the Hospital for Sick Children for treating patients with bulbar poliomyelitis in Canada. The costs of restoration are being borne by the CCI, and this grant will pay for parts and round-trip transportation to the CCI.

Cataraqui Archaeological Research Foundation, Digital Archive Upgrade Project Community Fund

\$2,000. The Cataraqui Archaeological Research Foundation is committed to the recognition, investigation, and preservation of the rich archaeological resources found throughout Ontario. The Foundation's archives are open to scholars, researchers, school groups, and the Kingston Community. This grant will expand the digital archiving capabilities of the Foundation.

Youth

Community Response to Neighbourhood Concerns, Wally Elmer Skate Park

Sunnyside Children's Foundation,
OECYR, Marion and John Dunn Fund,
Community Fund

\$30,000. The Wally Elmer skate park, the first of its kind in Kingston, will be a 12-13,000 sq. ft. park designed for skate boarders, BMX and mountain bike cyclers, roller bladers and in-line skaters and wheelchair accessibility. The skate park will be developed on the Wally Elmer Neighbourhood Centre property. The facility will be designed to encompass streetscape with a skate bowl to provide healthy activities for ages 9-22, free to all.

Youth Diversion Program, Improv(e) For Youth at Risk

Sunnyside Children's Foundation

\$2,369. The Improv(e) for Youth at Risk Program is a program that uses improvisational theatre to assist participants with stress and social issues. The connection between improvisational theatre and increased social abilities is well established in corporate coaching. This project seeks to demonstrate the same impact with an at risk youth population.

Boys and Girls Club of Kingston and Area, After School Connections Transportation Program

Year 1 Funding: Alcan

\$20,000. (Multi-year grant of \$4,000/year for 5 years) Each day, 60-80 children participating in After-School Connections will receive transportation from designated schools to the Robert Meek Community Youth Centre with a recently-leased new 24 passenger bus. We are expanding our service to pick up members from three designated at-risk neighbourhoods and deliver them to Robert Meek Clubhouse in time for Hot Supper and Evening Programs. Afterwards, members will be returned to their point of origin.



Congratulations to all those involved in the recent Grant MacDonald portrait show, "A Master in our Midst." CFKA is proud to have been a part of it.

"Hopes & Dreams"

The best future and the foundation of our community lie in the hopes and dreams of our children when married to opportunity.

At its very best the volunteers at the Community Foundation seek and support those who nurture those dreams, and work to provide opportunities for all of our children.

At its best the community foundation is a voice for the voiceless helping to level the playing field for all children especially the youngest.

At its best the volunteers ensure that the Board and front office are familiar and close to the front lines of our community building groups and individuals.

Well informed it can alert the rest of us to opportunities to help others.

It can enlist the whole community to pitch in and do their part.

At its best it gathers together those who stand by and up for our children till they can stand for themselves and each other.

At its best it works to build community connectedness for everyone.

At its best it looks beyond the familiar faces to ask the constant questions: Who is missing? Who is being left out? What can we do to help our community to help itself?

At ten years old it is poised to do so much more.

It is as good as our support.

It can be its best if we all do our part to know our own foundation, provide some financial support and spread the good word to others to do the same.

Informed citizens invest in those who work to strengthen our community for all of us; especially for our children.

James Brown, CFKA Supporter

Board & Committee Changes

- Brian Osborne has recently completed his terms on the Board and the *Ripples* Editorial Committee. He, his esteemed reputation, and his wealth of knowledge about our community, will be missed by all.
- Welcome new inductees to the *Ripples* Editorial Committee: Lynn Harding, Board member and Personnel Chair, and Holly Tousignant, Queen's University English student.
- Gillian Purvis, who has handled the role of our Volunteer Legal Counsel with professionalism and dedication for several years, has handed over this significant position to Mary-Alice Thompson.
- We welcome Mary-Alice Thompson, a long time CFKA supporter, to that role. She is a partner at Cunningham, Swan, Carty, Little & Bonham, LLP, continuing her private practice of law. Of particular value to us is her expertise as a designated certified specialist in estate administrations.
- YAC executive for 2010/2011: Kurtis Hodge & Emmaline Houston. Given their eagerness for community leadership, Jennifer Strychasz, the YAC Advisor, said the entire YAC committee would like to take a turn attending a Board meeting.
- We are pleased to announce that upon asking for a volunteer to be CFKA Volunteer Coordinator, Connie Carrillo stepped forward and *voluntarily* took on that role! Welcome, Connie.

Coming Events

Distribution of Grants

Cheques will be presented to the successful fall grantees on November 18, 10 a.m. at the Kingston Yacht Club. Everyone is welcome.

CFKA Breakfast Series

We are happy to present Alia Hogben, Executive Director of Canadian Council of Muslim Women. December 1, Donald Gordon Centre, 7:30-9:00 a.m. "Being a Muslim Woman in Kingston & in Canada." Tickets: \$50 (proportionate charitable receipts issued.) To register, visit www.cfka.org and click on Events.

Rose & Zal Breakfasts

December 7, Chez Piggy ~ December 8, Pan Chancho. Please call Pan Chancho for reservations (not CFKA.) Funds go to the Food Sharing project. Spaces go fast.

We're having a Contest

We hope that many of you have discovered, and are enjoying, our new Community e-Newsletter, which is complimentary, not an alternative to, *Ripples*. For example, our individual grantee stories will appear on the electronic newsletter for this granting cycle. As it grows in readership, it has outgrown its generic name. We are inviting you, one and all, to propose an enduring name for it. The winning prize is pride of ownership. Respond by phone (613.546.9696) or email at vikram@cfka.org. Wait for your muse and join the fun.





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Apply my gift of \$ _____ to The _____ fund, to be held as permanent capital.
or Where most needed. I have included CFKA in my will.

Name _____

Address _____ Postal Code _____

Phone _____ E-mail _____

Payment Cheque enclosed    Card Number _____ Expires / /

Name (for public acknowledgement) _____ Signature _____ or I request anonymity

For further information on any of the topics dealt with in this issue of *Ripples*, please call the CFKA office, 613.546.9696 or E-mail: foundation@cfka.org